

Listening

1 A))

1

Nick Hello.

Sophie Hi Nick.

Nick Hi Sophie.

Sophie Nick, what's Sarah's phone number?

Nick Erm...It's 161 496 542.

Sophie Thank you!

2

Receptionist OK...your class on Tuesday is with Paul, and it's in room two. Your class on Thursday is with Kate, and it's in room five.

Student OK, so Thursday is in room three, and Tuesday in room five?

Receptionist No – it's Tuesday in room two, and Thursday in room five.

3

Liz A ham sandwich and a coffee, please.

Barista That's five dollars twenty, please. Thank you.

Liz Thank you.

Barista Have a nice day!

1 B))

1 A Are you Russian?

B No, I'm Polish. I'm from Kraków.

2 A Where are you from?

B We're American. We're from California. We're on holiday in Europe.

3 A Where's he from? Is he Spanish?

B No, he isn't. He's from Mexico. He's from Cancún.

4 A Mmmm, delicious. Is it French?

B No, it isn't. It's Italian.

1 C))

R = Receptionist, E = Erik

R Good morning. Can I help you?

E Oh, yes. Hello. I have a reservation.

R OK. What's your name?

E Erik.

R Is that Eric with a C?

E No, it's with a K. E-R-I-K.

R Right. And how do you spell your surname?

E T-A-Y-L-O-R

R Can you repeat that please?

E Yes, of course. Sorry. T-A-Y-L-O-R.

R Thanks. Now just a few questions, Mr Taylor. Where are you from?

E I'm from Australia.

R Where in Australia?

E Perth.

R Perth. OK. And what's your address?

E It's 15 Atkinson Road.

R What's your postcode?

E Sorry?

R The postcode. You know, a number?

E Ah yes. It's WA 6008.

R 6008. Great. What's your email address?

E It's eriktaylor@mail.com.

R And what's your phone number?

E My phone number in Perth is 61 – that's the code for Australia – 08 7010 5692.

R 61 08 7010 5692.

E Yes, that's right. And my mobile number is 61 491 570 156.

R 61 491 570 156. Right, thanks. Mr Taylor. Here's your keycard. You're in room 305 on the third floor. Enjoy your stay.

E Thank you very much.

2 A))

Speaker 1 My bag is very important to me because I have my laptop in it! I also have some files and a pen. Um, I have my mobile, my wallet, and my keys in my pocket, but I sometimes have a newspaper in my bag.

Speaker 2 Well, in my bag I have, er, my books for the day, um, some pens and pencils to write with, and a file with lots of paper. Oh, and I have my iPod and my headphones too, so I can listen to music.

Speaker 3 What's in my bag? Well, yeah, I have my sunglasses and my camera. And I have a guidebook with a map. Oh, and I have a Spanish-English dictionary, too, to help me understand the people.

Speaker 4 I have a different bag every day, sometimes it's red, sometimes it's white, it depends. But I always have the same things: some tissues, um, the keys to my desk, er, my purse of course, and, er, sometimes a magazine to read.

2 B))

1 He's a Hollywood star but he isn't American. He's very tall and slim. He's about 54 or 55 I think, but he's still very attractive. He has short brown hair and brown eyes. He's an actor.

2 She's quite young and she isn't very tall. She's usually quite slim but it depends. Her hair is really brown, but it's blonde in her music videos. She's American and she's a singer.

3 This actor isn't very tall, but he's very strong. He has short dark hair and dark eyes. He's American and I think he's nearly 70 years old.

4 She's about 54 or 55 now and she's quite tall and slim. She has blonde hair, sometimes long and sometimes short, and green eyes. She's a British actress and she's in some of the Harry Potter films.

5 He's a British singer and musician. He's about 62 or 63 now, I think. He's quite slim. He has short blonde hair, and blue eyes. He is also an actor.

2 C))

1 A I'm bored.

B Me, too.

A I know! Let's watch a DVD.

B Good idea.

A We can watch the new Batman film.

B OK.

A Turn on the TV, then. Now...where's the film?

2 A I'm hungry.

B Are you?

A Yes, I am. Is the restaurant open?

B No, it isn't. It's only five o'clock.

A Oh.

B Let's call reception. We can ask for some sandwiches.

A Great idea! Give me the phone.

3 A I'm hot.

B Turn on the air conditioning, then.

A It's already on.

B Is it? OK, then let's open the windows.

A Are we nearly there?

B Yes, we are. Don't worry. It's only another 20 kilometres.

4 B I'm not hungry.

A Why not?

B I'm stressed. I have a lot of problems at work.

A Relax! It's the weekend. Let's go for a long walk and you can tell me all about it.

B Right.

A Finish your salad and we can go.

B OK. Let's pay the bill.

5 A I'm tired.

B I know. It's quite late.

A What time is our plane?

B At 23.15. That's another hour to wait.

A An hour!

B Yes. Come on. Let's have a coffee. It might wake us up.

3 A))

Hannah I like the parks in Britain, especially Hyde Park in London. The parks are clean and some are really big, and it's great to go for a walk and see so many trees and plants in the middle of a city. There is always something interesting to see or do, too. Sometimes there are festivals where you can hear music or watch a film. But I can also relax, and read a newspaper on a Sunday morning.

But, I don't like the food here – it's very expensive, and I can't find good Korean food!

Anna In Britain, I think that people are very friendly and polite, more than in Poland where I am from. At work, it's quite relaxed, and my colleagues always help me when I have a question or a problem. I also really like the buildings in Britain; the old buildings are very beautiful.

What don't I like about Britain? There are a lot of people and a lot of traffic, especially in London. It's difficult to relax.

Roberta What I really like about Britain is that it's really easy to meet people from all over the world. It's very international, and I think that most people are friendly to people from other countries. I also really like eating food from different parts of the world – in Britain you can try food from every country!

I think it's difficult to make friends in Britain. People like to help and are very polite, but it can take a long time to become friends with British people.

3 B))

P = Presenter, J = James, H = Helen, F = Frank

P Good evening and welcome to What's your job?

And our team tonight are Helen, who's a lawyer...

H Good evening.

P ...and Frank, who's an actor.

F Good evening.

P And our first guest tonight is...

J James.

P Hello James. OK team, you have one minute to ask James questions about his job, starting now. Let's have your first question.
 H James, do you make things?
 J No. No, I don't.
 F James, do you have special qualifications?
 J Yes, I do. Qualifications from university.
 H Do you speak any foreign languages?
 J No, I don't need any foreign languages.
 F Do you wear a uniform?
 J Well, it's not really a uniform, but I wear a white coat, yes.
 H Do you travel?
 J Er, I don't go to different countries, but I drive to people's houses sometimes.
 F Do you earn a lot of money?
 J Do I earn a lot of money? Well, I think the money is quite good, yes.
 P You only have time for one more question, team.
 H Do you work with other people?
 J Well, I work with one other person, but my job isn't really about people...
 P That's time. OK, team. So, what's James's job?

3 C)))

J = Jessica, M = Max
 J Hi. Are you Max?
 M Yes. Are you Jessica?
 J Yes, I am.
 M Nice to meet you. Well, let's go in and sit down. Do you like sushi?
 J Yes. I love Japanese food. It's my favourite.
 M Good. So, Jessica, what do you do?
 J I'm a flight attendant.
 M Really? That's incredible!
 J Why?
 M Because I'm a pilot!
 J Oh! You're right. That is incredible! Which airline do you work for?
 M KLM. And you?
 J British Airways. I love my job.
 M Me too. What do you do at the weekend, Jessica?
 J I meet my friends. We go to the cinema or to a restaurant. How about you?
 M I like the cinema, too. What kind of films do you like?
 J I like comedies more than anything.
 M Me too. Who's your favourite actor?
 J Johnny Depp. I love him!
 M Yes, he's good, isn't he? Do you live near the cinema?
 J Yes, there's a cinema near my house.
 M When do you go there?
 J I go on Saturday evenings.
 M Let's go together next Saturday.
 J OK. What do you want to see?

4 A)))

A = Angie, J = Jessie
 A Who's that?
 J That's my nephew.
 A Is that your sister's son or your brother's son?
 J My brother's.
 A How old is your nephew? He looks quite young.
 J He's 13. The photo is from his birthday last week.
 A Let's see the next one. Is that your family, too?
 J Yes, it is. That's my sister.
 A Wow! She's really tall.
 J Yes, she plays basketball. She's quite good.
 A That's a beautiful beach. Where is it?
 J It's a beach in Menorca – I can't remember the name. I love it there!
 A Is this Menorca, too?
 J No, it isn't. It's a music festival in Germany.

A Are those girls in your family?
 J No, they aren't. They're friends from university.
 A Who's the blonde one?
 J That's Rosie. We live in the same flat.
 A Who's the boy?
 J He's Rosie's boyfriend. I don't like him very much, but she doesn't often see him.
 A Are there any more?
 J Yes. Have a look at this one.
 A You look great! And who's that sitting next to you?
 J He's my boyfriend, Pete. It's the office party from last year.
 A He's attractive. Does he work with you?
 J Well, sort of... He's the manager!

4 B)))

I = Interviewer, M = Mark
 I What do you do, Mark?
 M I'm a taxi driver.
 I Do you work at night or during the day?
 M I work at night.
 I What time do you start work?
 M At about seven o'clock in the evening. I stop for a break at about two o'clock and I have something to eat.
 I What do you have?
 M A hamburger or a pizza and a coke. I'm very hungry at that time.
 I What time do you finish work, Mark?
 M I go home at about six o'clock in the morning and I go to bed immediately. I sleep for about eight hours and then I get up and have breakfast.
 I What do you do in the afternoon?
 M I go to the gym for an hour or so, and then I have a shower. After that, I watch TV or check my emails until I have dinner.
 I What time is that?
 M At six o'clock. Then I get into my car and start work again.
 I Do you like your job?
 M Yes, I love it.
 I Thank you for your time, Mark.
 M You're welcome.

4 C)))

P = Presenter, M = Marge, R = Robbie, D = Dr Atkins
 P Hello and welcome to Who's healthy? Today we have Marge Wilson and her son, Robbie, with us. Marge, do you think you're healthy?
 M Um, yes. I think so.
 P And what about you, Robbie? Are you healthy?
 R Of course!
 P Well, I'm going to ask you some questions and we're going to find out who's healthy. First of all, Marge. How old are you, Marge?
 M I'm 48.
 P Right. So, how often do you eat fast food, Marge?
 M Never. I don't like it.
 P Right. And how often do you have breakfast?
 M I always have breakfast. I have a cup of tea and some cereal.
 P Good. And how often do you do exercise?
 M I go to the gym three times a week.
 P OK, and how many hours do you usually sleep?
 M Well, I get up early, but I always go to bed early, too. I usually sleep for about eight hours.
 P That's great, Marge. And now it's Robbie's turn. Robbie, how old are you?
 R Twenty.
 P And how often do you eat fast food?
 R Well, I love pizza and hamburgers, and I sometimes have chips, so yeah, I eat fast food about five times a week.

P What about breakfast? How often do you have breakfast?
 R I don't have time because I always get up late, so... I hardly ever have breakfast.
 P OK, and how often do you do exercise?
 R Oh, I do a lot of exercise. I play football four times a week.
 P Good. That's better. And how many hours do you usually sleep?
 R I'm not sure. I go to bed quite late because I'm on my computer, so I guess I sleep for about six hours.
 P Right. Thank you, Robbie. And now it's time to see what the doctor thinks. Dr Atkins, Who's healthy? Marge? Robbie? Or both of them?
 D Well, Marge always has breakfast and she never eats fast food. She often does exercise and she gets a lot of sleep. So, Marge, you're right. You're very healthy!
 P And what about Robbie?
 D Well, Robbie does exercise four times a week, but he often eats fast food and he never has breakfast. He doesn't sleep enough either. So Robbie, you're wrong. You aren't very healthy.
 P So, there you have it everyone. A healthy mum and an unhealthy son! And that's all we have time for today. Join us again tomorrow at the same time for Who's healthy?

5 A)))

1 A Let's go to the swimming pool at the weekend.
 B OK. Can we go on Saturday? I'm busy on Sunday.
 A Yes, but I always play tennis in the morning. Let's go in the afternoon.
 B OK. See you there.
 2 A I want to have lunch in this restaurant. Can I park here?
 B No, sir, you can't.
 A What about outside the cinema?
 B No parking spaces there. A lot of people leave their cars outside the hospital. You can park there.
 A Thanks.
 3 A Can you help me with my homework?
 B Not now, sorry.
 A Can you help me after lunch?
 B No, I'm busy.
 A When can you help me?
 B After dinner. I don't have any plans tonight.
 4 A Let's write a postcard to Chris. Do you have a pen?
 B Yes. Here you are.
 A What about a stamp?
 B We can buy a stamp in the shop.
 A Right. Do you know her address?
 B No. And you?
 A No, I don't!
 5 A Right. Let's go in.
 B Sorry. We can't.
 A Why not? Are your parents home?
 B No, I can't hear them. But it isn't that. It's the door!
 A Oh, now I understand. You can't open it.
 B No! I don't know where my keys are!

5 B)))

Speaker 1 They both work, so it starts when they leave home in the morning. I don't know how many they have – three, four, five – but they make a terrible noise. They take them out for a walk in the evening, so it's nice and quiet then, but they sometimes go out at night and the noise starts again. I don't know why people have animals when they're never at home.

Speaker 2 It's really bad. They do it every Friday and Saturday night. The music starts at about eight o'clock and then we hear the cars. They park outside my house and soon the street is full of cars. The problem is that they don't stay in the house – they go out in the garden to dance, too. They don't leave until about six in the morning, so we don't sleep all night.

Speaker 3 They're really nice people, actually. He's a lawyer and she's a doctor. The problem is what they do in their free time. They both finish work early, so they're home by five o'clock. We can't watch TV or listen to our own music because we can't hear it. They play the piano and violin all evening. It's so noisy!

Speaker 4 I'm so tired at the moment. Every time I go to sleep, he starts... I know my neighbours love their son, and he's only three months old, but I wish he wouldn't wake up all the time. I thought babies sleep and eat all the time. He's changed my neighbours' lives, and he's changed mine too!

5 C))

Stop 1: Trinity College Dublin

The university and library were built in 1592. Famous students include writers and politicians. The most important book in the library is over a thousand years old.

Stop 2: The National Gallery

The gallery has more than 7,000 paintings and drawings by Irish and European artists. Some of the most famous works are by painters like Picasso, Goya, and Velázquez.

Stop 3: St Stephen's Green

The square is the biggest in Europe. It's a very quiet place with no cars. It has a lake where visitors can walk, and a place where you can listen to bands play many different types of music.

Stop 4: Dublin Castle

The castle you see now is not the original from 1204, but it is very important in the history of Ireland. The castle has some beautiful gardens.

Stop 5: Guinness Storehouse

The building is the home of the famous Irish beer, and the museum is part of the original factory. The exhibition shows how the workers make beer.

Stop 6: Kilmainham Gaol

This is a very famous prison from the past, but it has no prisoners now. The tour teaches visitors about the life of a prisoner in this cold, dark building.

Stop 7: Dublin Zoo

The zoo is in a very big park in the centre of the city. It's the third oldest zoo in the world, and the park is the largest park in any city in Europe. The most popular things to see at the zoo are the gorillas and chimpanzees.

Stop 8: Writer's museum

Dublin is the home of very famous writers like Oscar Wilde and James Joyce. The exhibition shows their books and letters in a beautiful big house that is 300 years old.

6 A))

H = Holly, B = Beth, E = Emily

H Hello, Emily. It's Holly.

B It isn't Emily. It's Beth. I'm Emily's sister.

H Oh. Hello. Um, is Emily there?

B No, I'm sorry. She's taking the dog for a walk.

H Oh. Well. Can you give her a message?

B Yes, of course.

H Can you tell her my bag is in her car and I need it?

B Oh. Your bag. Right. Does she have your number, Holly?

H I don't know.

B OK. Wait a minute. I need a pen. Right. What's your number?

H It's 60674 923.

B That's 60674 923.

H Yes, that's right.

B Wait a minute Holly. Don't go, I think Emily is opening the door. Emily? It's for you.

E What? Oh, the phone. Hello?

H Hi, Emily. It's Holly.

E Oh, hi, Holly. How are you?

H I'm fine. Listen. My bag's in your car.

E Is it?

H Yes. And my keys are in the bag, and I can't open the door of my flat. My mobile's in my bag too, so I'm calling from the flat next door. Can you give me my bag?

E Oh right. Yes. Yes, of course.

H Let's meet in the café near my house.

E Right. OK.

H Thanks, Emily.

E No problem. See you in a minute.

H Bye.

6 B))

Speaker 1 My favourite day of the year is New Year's Day. I always feel positive when I wake up and I love staying in bed for an hour or so, thinking about my plans for the next year. I like knowing that I can forget the disasters of the year before and just start again.

Speaker 2 I love waking up on the first day of my summer holiday. It's wonderful going somewhere new and you don't know anything about it. I don't like packing, though, so I always get my bags ready the night before. Then I can enjoy every second of my trip.

Speaker 3 My birthday is in autumn, which is probably why I love this season. I try to go out in the country at least once a week in autumn to see the beautiful colours of the trees. But I hate it when it rains and the leaves get wet and slippery!

Speaker 4 I hate being inside in the winter, especially when it gets dark at four o'clock, so I'm always waiting for spring to come. I love seeing the new spring flowers on one of those typical spring days, when it's cold but sunny. I love photography, and I often go out and take pictures of trees and flowers.

6 C))

1 A What kind of music do you like, Oliver?

B I don't know. I like all kinds, really.

A Well, do you like heavy metal?

B Oh no! That's a bit loud for me.

A What about reggae?

B No. Reggae's a bit slow.

A Well, what do you like?

B I usually listen to rock, so that's probably my favourite.

2 A Do you have a favourite CD?

B Yes. Yes, I do. I always listen to it in the car.

A Which group is it by?

B Well, it's not really by a group. It's sung by actors.

A Oh. Is it from a film?

B Yes. It's the soundtrack from *Mamma Mia!* I love it!

A Isn't that about ABBA?

B Yes and no... It's a musical, with the songs of ABBA, but the actors in the film sing them.

A I see...

3 A How do you usually listen to music, Wendy?

B Well, I don't listen to the radio, that's one thing for sure. I want to hear music, not the voices of the presenters.

A What about CDs?

B Well, I have quite a lot of those, but they're in a box in the garage somewhere. I usually listen to music on my laptop. I have a good internet connection at home and at work, and I can listen to what I want.

4 A Do you want to come to a concert next month?

B OK. Who's playing? I hope it isn't Justin Bieber. You know I don't like him.

A No, don't worry. This singer is nothing like him. Anyway, it's a woman.

B Rihanna! Great! I'd love to come.

A No, sorry, it isn't Rihanna. It's Beyoncé. They're quite similar, really.

B Oh. Right. Beyoncé. OK. How much are the tickets?

5 A What do you think of this song, John?

B I don't know. It's very different from her other songs.

A I love it! It's really new and original.

B Yes, but it's quite slow, and it isn't easy to dance to.

A So you don't like it?

B No, it's OK. But I prefer her other songs.

7 A))

P = Presenter, M = Mike

P Hello and welcome to what is a very special show, because we're going to find out the results of our poll. Mike Sandhurst from the BBC is here to tell us who is the greatest Briton of all time. Hello Mike.

M Hi there.

P So, let's look at the top five, Mike.

M All right. Well, number five on the list is, in fact, William Shakespeare.

P Really? I'm surprised.

M Me, too. Did you know that nobody knows his date of birth? Or that none of his plays were ever published when he was alive?

P No, I didn't know that! Very interesting and surprising! But who is number four?

M Well, number four is the scientist, Charles Darwin.

P Ah yes... Darwin. Tell us something about him.

M Well, he was born in Shrewsbury on 12th February, 1809. He was very interested in nature and animals and was responsible for the theory of evolution. He died in 1882 at the age of 73.

P OK. Who's next?

M Number three on the list is Diana, Princess of Wales.

P Yes, she was popular with a lot of people.

M That's right. So let me tell you about her. She was born on 1st July, 1961 in a village called Sandringham. She was famous because she was married to Prince Charles, but they weren't happy together and so they divorced. She died in a car crash in Paris in 1997. She was only 36 years old.

P Yes, that was a tragic accident. So, number two?

M Number two is the engineer Isambard Kingdom Brunel.

P Really? Tell us about him.

M Well, he was born on the 9th April, 1806 in Portsmouth. He was responsible for the first British railway, some big ships, and many important bridges and tunnels in Britain. He wasn't very old when he died, only 53.

P OK... and now for the moment we've been waiting for. Who is the greatest Briton of all time? Who is at the top of the list?

- M** Well, I'll give you a clue. It's a man... he was born on the 30th November, 1874, and died in 1965. He was a politician... and he was Prime Minister – not once, but twice.
- P** I knew it! It's Winston Churchill!
- M** That's right. Winston Churchill is the greatest Briton of all time.
- P** Mike Sandhurst, thank you so much for joining us.
- M** My pleasure.

7 B))

- Speaker 1** I had a bad journey one Christmas when I wanted to visit my family back home in the UK. About twenty minutes after leaving the airport, there was a problem with our plane. We returned to the airport again and waited five hours for another plane. Finally, I arrived in the UK eight hours later than I planned.
- Speaker 2** We tried to go on holiday to Portugal one year, but it was a disaster. We started our journey a bit late and stopped for lunch in a village on the way. When we were on the motorway after lunch, our car started making a strange noise and finally, it stopped altogether. The car ended up in a garage and we called a taxi to take us home again.
- Speaker 3** My bad journey happened when I was at university. I wanted to go home for the weekend so I was on a train. The journey was very long – about seven hours – and I was nearly home. We stopped at the last station before mine, but then we didn't start again. The train was broken. In the end, my dad picked me up in his car.
- Speaker 4** I had a bad experience with a bus company once. I booked a ticket from Victoria Bus Station to Stansted Airport but there were a lot of people at the bus station when I arrived, and it was impossible to get on the bus. In the end, I travelled to the airport with a businessman in a taxi. He didn't ask me for any money, which was nice.

7 C))

- I** = Interviewer, **H** = Helen
- I** Can you tell us about a memorable night, Helen?
- H** Well, let me see. There are quite a lot of them, actually. But yes, there was one particular night this year that was memorable.
- I** When was it?
- H** It was the 14th February.
- I** Valentine's Day?
- H** Yes. That's why I remember the date. It was Valentine's Day, but I didn't have a boyfriend at the time. In fact, I was with two friends.
- I** Where were you?
- H** I was in Manchester. There was a concert that night by my favourite band, Vampire Weekend, so I travelled to Manchester to see it.
- I** When did you arrive in Manchester?
- H** The night before the concert.
- I** So, what did you do before the concert?
- H** We had a drink in a very old pub in the city centre. Then we tried to find the concert. We didn't know exactly where the club was, so we walked around for a very long time. In the end, we got there five minutes before the concert started.
- I** Was the concert good?
- H** Yes, it was fantastic. The band played all our favourite songs, and we danced and sang for about two hours.
- I** Did you go home after the concert?
- H** No, we didn't go home straight away. We didn't have dinner before it started so we were hungry. We went to Manchester's Curry Mile

- and we had a curry. It was delicious! After that, we got a taxi home.
- I** What time did you get home?
- H** We didn't get home that late. It was two o'clock in the morning, more or less. But we had a great time. That was the important thing.

8 A))

- P** = Presenter, **D** = Detective
- P** Hello and welcome to What Next?, the programme that looks at today's career opportunities. In the studio with us is Chief Inspector Jeremy Downs from the Metropolitan Police. He's here to tell us a bit about his job and how he got it. Hello, Jeremy.
- D** Good morning, Peter.
- P** So, tell us, why did you decide to join the police?
- D** Well, it runs in my family, really. My dad was a detective, and so was his father. I always knew that this was what I wanted to do.
- P** What special qualifications did you need to become a detective?
- D** First, I had to get experience as a normal policeman. So I worked as a policeman for two years, and then I took a test called the National Investigators Exam. After that I did a course which was six weeks long, and then I began to work as a trainee investigator.
- P** Jeremy, what do you like most about your job?
- D** Well, you feel great when you solve a mystery and find a murderer. That's the best thing about it. And also, I'm usually outside or talking to people, so I don't spend much time in an office. I'm never bored when I'm working.
- P** And what don't you like about it?
- D** It's a very stressful job. I'm usually working on more than one case at a time, and sometimes it's difficult to know what to do first. And going to the scene of a murder can be terrible. But apart from that, I love my job and I recommend it to anyone who likes finding answers and solving problems.
- P** Chief Inspector Downs, thank you for joining us.

8 B))

- M** = Mrs Goodings, **J** = Joanna, **B** = Bradley
- M** Hello. Good morning. I'm Mrs Goodings.
- J** Hi. I'm Joanna, and this is Bradley.
- B** Hi.
- M** Hello. Please come in. So...let's start, shall we? This is the kitchen, as you can see.
- B** It's very big.
- M** Yes. There isn't a dining room, so we eat in here.
- J** Oh look! The walls are big windows! You can see the garden – it's beautiful!
- B** Can I ask you a question, Mrs Goodings? Why did we come in the back door?
- M** We always use the back door. There isn't a carpet in the kitchen so there aren't any problems with dirty shoes.
- B** Oh. Right.
- J** Where's the washing machine?
- M** It's in the corner over there.
- J** Oh, yes. I see it. Why is there a hole in the ceiling?
- M** Well, upstairs is the bathroom. The hole is for when you have a shower. You take off your clothes and put them down the hole. They land on the floor next to the washing machine.
- J** Oh. That's interesting!
- M** Yes...It was my idea...Now...this way please...I want to show you the living room. There. What do you think?
- J** Oh! There are big windows here, too. I love it!
- B** Mrs Goodings, is there a television?

- M** No, there isn't. My husband and I don't watch TV. We prefer listening to music. Now...let's go upstairs.
- J** There are four bedrooms upstairs, is that right?
- M** Yes. Four bedrooms and a bathroom.
- B** Is this the bathroom?
- M** Yes, it is. Be careful with the...
- B** Aargh!!!
- J** Bradley? Bradley? Where is he?
- M** Don't worry. He's in the kitchen.
- J** What?
- M** Do you remember the hole in the ceiling?
- J** Oh no! Bradley? Bradley? Are you all right?

8 C))

- Speaker 1** When I was in Costa Rica, I stayed in a bed and breakfast hotel with a difference. It was in the middle of the jungle and we could see monkeys and birds from our window. As well as an air-conditioned bedroom, there was a full bathroom with a warm-water shower. We had a fridge and a coffee-maker, too.
- Speaker 2** I spent the night in an ice hotel when I was in the North of Sweden. The temperature in the room was minus five degrees and the only furniture was a bed made of ice and snow. I slept in a special sleeping bag with all my clothes on – I even wore a hat! It wasn't very comfortable, really, because there wasn't even a bathroom!
- Speaker 3** I once stayed in a very arty hotel when I was in Berlin. All of the rooms in the hotel were completely different. In the middle of my room there was a diamond-shaped bed and when I lay down, I could see hundreds of people who looked just like me. There weren't any cupboards, so I put my bags under the bed.
- Speaker 4** I went to Fiji with my husband after we got married and we stayed in a really special hotel. A special lift took us down to our room, which was surrounded by fish and other sea animals. There was a large, comfortable bed in the bedroom and a library and personal office in the living room. We loved it there!

9 A))

- Speaker 1** My favourite meal is roast beef. It sounds quite boring really – just a piece of meat, but you need to cook it for the right amount of time. My mum cooks it perfectly and she always serves it with roast potatoes and lots of other vegetables – peas, carrots, broccoli, and beans. Then she pours a sauce called gravy all over it. Delicious!
- Speaker 2** Indian food is really popular in Britain these days, and I absolutely love it! We're lucky because we have a great Indian restaurant down the road. My favourite dish is chicken tikka masala, which is chicken in a sauce made with tomatoes, cream, and spices. I always order special Indian bread to eat with it.
- Speaker 3** You probably think I'm mad, but one of my favourite meals is fish and chips. Yes, I know it's not very healthy, but I only have it about twice a month. I always buy it from the same shop and if the weather's nice, I sit outside in the park to eat it. I put lots of salt and vinegar on the chips. Yum!!!
- Speaker 4** My favourite food is Chinese food and I always order the same dish – sweet and sour pork. This is bits of meat in a sauce made of sugar, tomatoes, white vinegar, and soy sauce. The sauce also has pineapple, green peppers, and onion in it. I always eat it with fried rice. I have it at the restaurant, and sometimes I get a takeaway and eat it at home.

9 B))

- P** = Presenter, **M** = Miriam
P Hello and welcome to the programme. Our first guest today is nutritionist Miriam Shepherd. She's here to give us some advice about healthy eating. Miriam, what do we need to eat to be healthy?
M Well, basically, we all need a balanced diet.
P And what exactly is a balanced diet?
M It's when you eat the right amount of food from each of the five different food groups.
P Can you tell us more about those groups, Miriam?
M Yes, of course. Let's start with carbohydrates. These are things like bread, pasta, rice, and potatoes. We need to eat a lot of carbohydrates because they give us energy.
P Right. What's next?
M The next group is fruit and vegetables. Things like apples and oranges, and peas and carrots. These contain important vitamins so you need to eat something from this group at every meal.
P OK. What the third group?
M The third group is protein, which is in food like meat and eggs. We need it to grow and to repair the body. You need to eat quite a lot of foods from this group, but not necessarily with every meal.
P Right. What's the next group, Miriam?
M Milk and dairy. Dairy foods are things like cheese and yoghurt. This group contains calcium which is important for our bones and teeth. But you have to be a little careful because they sometimes contain a lot of fat. You need to eat something from this group every day, but not necessarily every meal.
P And which is the last group, Miriam?
M The last group is fats and sugars. These are found in snacks, like cakes, biscuits, sweets, and crisps. Fats and sugars aren't very good for you, so only eat a little food from this group – maybe once or twice a week.
P Thank you, Miriam. That was very helpful.
M My pleasure.

9 C))

- M** = Michael, **R** = Rachel
M Rachel, did you know that there are two cities called Birmingham?
R Really? I know the one in the UK, but where's the other one?
M It's in the USA, in the state of Alabama.
R OK. Are the cities very small?
M Not really. One big difference is the population. There are only 243,000 people living in Birmingham USA, whereas there are over a million in Birmingham UK.
R So, Birmingham UK is bigger then?
M Well, no. The area of Birmingham UK is 165 square kilometres while Birmingham USA covers 243 square kilometres.
R Oh, that's quite big.
M Yes, but there aren't as many people. Birmingham USA is also very green.
R And our Birmingham isn't very green.
M Yes. And of course there's also a big difference in age. Birmingham, UK was already a small village as early as the seventh century while Birmingham USA didn't exist until 1871.
R Right. What about the weather? It's always raining over here so the weather is probably better in Birmingham USA.
M No, you're wrong. There are 1,371 millimetres of rain in Birmingham USA and only half of that in Birmingham UK – 662 millimetres.

- R** Wow! That's a surprise!
M Yes, but it's hotter over there. The average temperature in Birmingham UK is only 13 degrees whereas in Birmingham USA it's 23 degrees. That's ten degrees warmer.
R So, why are you telling me all this anyway?
M I'm reading an article in the newspaper. It's about a mistake that they made in Birmingham. That's our Birmingham, not theirs.
R What happened?
M They made an advert for Birmingham UK, but they used the wrong photo. They put a photo of Birmingham USA on the advert instead of Birmingham UK.
R No! How funny!
M Yes, I thought so, too!

10 A))

- P** = Presenter, **H** = Harry
P Hello and welcome to the travel section of the programme. Our guest today is travel writer Harry Miller, whose book *Superlative Sights* came out yesterday. Harry, welcome to the programme.
H Thank you, Gloria.
P So what exactly is your book about?
H Well, it's basically about the biggest, the best and the most beautiful places in the world.
P Can you give us some examples?
H Yes, of course. Let's start with Ayers Rock in Australia. Its other name is Uluru and it's the world's largest rock. It's 3.6 kilometres long, 2 kilometres wide and 348 metres high – enormous!
P Yes, I see what you mean. What else?
H How about the world's highest waterfall? The Angel Falls in Venezuela are 979 metres high. A lot of the water evaporates before it hits the ground.
P Wow! Are there only natural places in your book, or do you have any man-made structures?
H Yes, we include man-made structures too. For example, do you know what the tallest building is right now?
P No...tell us more.
H Well, it's Burj Khalifa in Dubai in the United Arab Emirates. It stands 828 metres high.
P Incredible!
H What about the oldest city in the world?
P I'm not sure. Um...somewhere in Egypt?
H Nearly, but not quite. It's Aleppo, in Syria. The city dates back to 600 BC and it's the oldest continuously inhabited city in the world.
P Really? I didn't know that.
H There are also some interesting facts about transport. For instance, do you know anything about the longest railway journey?
P Well, I suppose it's in Russia.
H That's right. The Trans-Siberian Railway from Moscow to Vladivostok is 9,297 kilometres long and crosses seven different time zones.
P That's one long train ride!
H That's right. And how about plane journeys? What's the shortest runway in the world?
P Runway? You mean where the planes land at the airport?
H That's right.
P I have no idea.
H Well, it's on the beautiful island of Saba in the Dutch Caribbean. The runway is only 400 metres long and it ends in a 60-metre drop into the sea.
P This is fascinating stuff Harry. I can't wait to read your book!

10 B))

- Speaker 1** I had my first experience of CouchSurfing in China. I wanted to spend a few days in a city called Guilin so I made contact with a Chinese guy called Leo. Leo was the perfect host: he gave me a bed, he organized a dinner that other CouchSurfers came to, and he showed me around the city. I loved it, and I'd recommend it to anyone!
Speaker 2 My first CouchSurfing experience did not go well. I was in Bucharest, Romania, and I found an American guy who agreed to host me. First he was late and then he didn't stop talking about himself all night. In the end, I said I was tired and went to bed. The next morning, I left Bucharest and took the train to Transylvania, where my host was Romanian and I had a much better time.
Speaker 3 I'm American and my first CouchSurfing experience was in England. I wanted to do some research for a novel I'm writing, so I needed to meet as many people as possible. My sister told me about the website so I decided to try it out. In the end, I stayed with someone different every night and I got a lot of ideas for my book!
Speaker 4 I was in Australia working when I found out about the CouchSurfing website. I wanted to travel around the country at weekends, but I didn't know anyone. A friend suggested looking at the CouchSurfing website and I'm very happy that I did. I now have friends all over Australia and some of them are going to visit me in the USA when I go back next month.

10 C))

- P** = Pete, **A** = Amy
P Amy, do you remember Uri Geller?
A No, I don't. Who was he?
P He was a kind of psychic. He was on TV a lot in the past and he became quite famous.
A What kind of tricks did he do?
P Well, his most famous trick was bending spoons. There's a photo here – come and have a look.
A Oh, there's a video here too on YouTube. Let's watch it.
P You see? At first, the spoon looks normal. Here, he's touching it with his finger...and now, it's bent.
A That's amazing!
P Actually...it isn't.
A What?
P It's a trick.
A So how does he do it?
P The spoon is bent before he shows it to us. He's hiding the bent part in his hand, so that you think it's a normal spoon. You don't have much time to look at the spoon at all because he's talking so much. What he's doing is distracting you while he's pulling the bent spoon slowly out of his hand. You think he's bending it but, in fact, he isn't.
A So, the guy is a cheat!
P Yes, but he's a very famous cheat.
A Does he still do his trick in public?
P Yes, he does. And the most incredible thing is that people still believe it.

11 A))

- Speaker 1: Brno, Czech Republic**
 At the weekend, the city is really quiet, which is a surprise because there are many university students. A lot of people go to the country, to spend time with their families in their country cottages. I think family is very important to Czech people,

which is really nice but it also means that the cities are almost empty at the weekends.

People dress very casually here, especially at work. In big companies, it's quite normal to wear jeans and T-shirts, even for managers and directors. The only time I've seen Czech people wear suits or smart clothes is to go to the theatre.

An interesting thing is that there are lots of shops under the street. You can buy all sorts of things here: food, clothes, books, everything really. They're little shops, and often cheaper than the bigger international shops in the main shopping areas. I think they're under the street because it's so cold in winter.

Speaker 2: Reykjavik, Iceland

In Iceland, a very important part of life is swimming and going to a hot tub, which is like a small swimming pool with hot water. People go before work or at the weekend to meet with their friends, or sometimes even to have business meetings!

The countryside in Iceland is incredible. There are almost no trees, and there are volcanoes and fields of lava, which are the incredibly hot stones which come out of the volcanoes. You can walk for days and not see another person, because there aren't many people in Iceland. In Reykjavik, there are fewer than 250,000, and the second-biggest city has only 15,000 people.

Icelandic people are very creative. It's normal for many people to make music, paint or draw, and even write books. Also, many people make their own clothes, and they look really fashionable!

11B)))

P = Presenter, D = Dave, S = Sandy, E = Eddie

P Hello. I'm Jenny Richards and I'm out on the streets of Birmingham asking people what they want to do with their lives. Let's start with this man over here. Hello.

D Hi.

P I'm Jenny Richards from Central TV. What's your name?

D I'm Dave.

P Right, Dave, we'd like to ask you about your ambitions for the future. What do you want to do with your life?

D Well, er, what I'd really like, um, is...

P Yes?

D I'd really like to buy a motorbike. I had a little Vespa when I was younger but I stopped riding it when I got married and had kids. Now, I'd like to start again.

P Well, good luck with your ambition, Dave. Let's talk to someone else now. Hello. What's your name?

S Sandy.

P So, what do you want to do with your life, Sandy?

S Well, I'd love to go travelling to different places.

P Oh really? Any particular place?

S Yes. I'd really like to go to Australia with my boyfriend. I have family there and it's a very exciting country.

P Why don't you, then?

S I can't.

P Why not?

S My boyfriend hates flying, and it's a 22-hour flight.

P Well, maybe one day you can go there on your own. Good luck with your ambition, Sandy. Now, what about you? What's your name?

E I'm Eddie.

P Do you have any ambitions Eddie?

E I'd like to see Kings of Leon live.

P Why Kings of Leon?

E They're my favourite band.

P Why don't you get a ticket for their next concert?

E Yeah, I want to but they aren't touring this year. They're making a new album.

P Well maybe next year. Now let's talk to this woman over here...

11C)))

Speaker 1 I really couldn't live without the internet. Every evening after dinner, I spend a few hours on my laptop playing games online. My job is very stressful, so it helps me relax. I forget about my problems and focus on something different. I think it's really good for me.

Speaker 2 The internet is really important for me because I live abroad. All of my family and friends live in the UK and I'm living in New York. Phone calls are really expensive, but with the internet I can Skype them whenever I want to. With Skype I can even see their faces, so it's much better than a phone call.

Speaker 3 Well, um, I'm a webmaster, so the internet is very important for my job. I work with different websites, first of all creating them and then making sure that everyone can use them. I also try to make existing websites work faster. I enjoy my job because I love computers and solving problems.

Speaker 4 Yeah, I spend quite a lot of time on the internet every day. It's a great way to keep in touch with friends, and also to meet new people. There's one site I use a lot to chat with my friends, upload photos and post videos that I find funny. I also like looking at my friends' profiles to see what they're doing.

12A)))

P = Presenter, C = Christopher

P Hello and welcome to Focus on Film. In the studio with us today is film critic Christopher Phillips. We've asked him to choose his two favourite film adaptations of books. Christopher, where are you going to start?

C Well, it's been a difficult choice but I'm going to start with a very early film, the 1946 adaptation of *Great Expectations* by Charles Dickens.

P 1946? That is early.

C Yes, and as you can imagine, the film is in black and white. It tells the story of a poor young boy called Pip who, with the help of a mysterious person, becomes a gentleman. The story doesn't change much in the film, but the photography makes the atmosphere darker and more frightening. It's an excellent adaptation.

P *Great Expectations*. Right. I haven't seen the film, but I've read the book, of course. What's your other film, Christopher?

C Well, my other choice is a bit more recent. It's *The English Patient*.

P Yes, I've seen that one a few times. But I don't know anything about the book. Tell us more.

C Well, the author is a Sri Lankan-Canadian writer called Michael Ondaatje and his novel won an important prize – the Booker Prize. The film came out in 1996 and it's a wonderful adaptation of the book. It tells the story of a man in a military hospital who has been in a plane crash. We also learn something about the life and loves of his nurse. Again there are few changes to the story, but the best thing about the film is the choice of actors, who are perfect for their parts. The film won a total of nine Oscars, which shows just how good it is.

P Christopher Phillips, thank you for joining us.

C Thank you for having me. I've enjoyed it.

12B)))

Speaker 1 I = Interviewer, S = Speaker 1

I Have you ever been to Africa?

S Yes, I have. I've been to Kenya.

I When did you go?

S I went in 2010. We stayed with some friends who are living in Nairobi. While we were there, we went on a trip to Tsavo East, which is an enormous national park. It's as big as Wales. Unfortunately, our car broke down in the park and the guards took six hours to rescue us. It was quite frightening!

Speaker 2 I = Interviewer, S = Speaker 2

I Have you ever been to South America?

S Yes, I have. I've been to Brazil.

I When did you go?

S I went there in 2006 on a business trip. In fact, we were at a conference so it wasn't very hard work. We stayed in a five-star hotel and the company paid for everything.

Speaker 3 I = Interviewer, S = Speaker 3

I Have you ever been to Australia?

S Well, I haven't been to Australia, but I've been to New Zealand.

I When did you go?

S I went with my wife when we got married in 2011. We stayed in a luxury apartment on the banks of Lake Wakatipu and we had a great time doing lots of different water sports. The best moment for me, though, was when we did a bungee jump from the Kawarau Bridge. It was really exciting!

Speaker 4 I = Interviewer, S = Speaker 4

I Have you ever been to Asia?

S Yes, I have. I've been to Thailand.

I When did you go?

S I went with my family in Easter, 2006. We stayed in a special hotel in the jungle and we slept in a treehouse. But the most amazing part of our trip happened when we visited Bangkok. We were lucky enough to be there for Songkran, the Thai New Year, so we saw the water festival. You know, the one where everybody throws water at each other in the street!

12C)))

New Zealand. Home of Middle Earth. And the best way to experience it is on our *Lord of the Rings* Edoras tour. The tour leaves Christchurch at nine a.m. and returns at six p.m. but we can pick you up at other central city locations, too. The groups are small, and the guides are friendly and informative. You don't need to be a *Lord of the Rings* fan to enjoy the tour as the scenery is fantastic. Transport is in a Land Rover, and we take you through the spectacular mountains of the Southern Alps where you can see clear lakes and blue rivers and you can breathe fresh mountain air. Our destination is Mount Sunday, the real-life mountain which in the film is Edoras, the capital city of the Rohan people. While you're there, you can use some of the most famous items from the film: Aragorn's sword, Gimli's axe and the flag of Rohan. For lunch there is a luxury picnic, which we eat outside in the open air. Visit our shop at the end of your trip and buy exclusive *Lord of the Rings* souvenirs for your family and friends back home.

The tour runs daily throughout the year and you can buy tickets online. The price includes your pick up and drop off, your journey in the Land Rover, your guided walk to the very top of Edoras, and your delicious lunch. Tickets cost \$135 for adults, per person, and \$94 for children aged 14 and under.

So, what are you waiting for? Book your tickets now before you miss your chance to see one of the most beautiful *Lord of the Rings* locations. It's an experience you'll never forget.