

9A What I ate yesterday

1 GRAMMAR

countable / uncountable nouns;
a / an, some / any

a What did Sarah and Martin buy when they went shopping yesterday? Write *a*, *an*, or *some* in the gaps.

- 1 some sausages 6 _____ orange
 2 _____ lettuce 7 _____ pineapple
 3 _____ eggs 8 _____ crisps
 4 _____ carrots 9 _____ biscuits
 5 _____ jam 10 _____ milk

b Write the sentences in the positive or negative form.

- 1 There's some ham in the fridge.
 There *isn't any ham in the fridge* _____.
- 2 There are some strawberries in our garden.
 There _____.
- 3 I didn't have an egg for breakfast.
 I _____.
- 4 There isn't any sugar in my tea.
 There _____.
- 5 I didn't eat any snacks yesterday.
 I _____.
- 6 There weren't any sandwiches in the kitchen.
 There _____.
- 7 I bought a pineapple at the supermarket.
 I _____.
- 8 There was some bread in the cupboard.
 There _____.

c Complete the dialogue with *a*, *an*, *some*, or *any*.

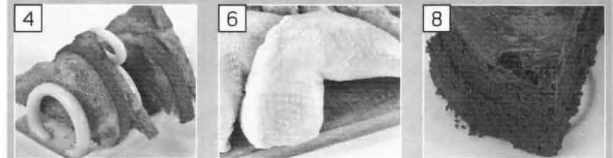
- A What do we need to buy for our dinner party? Let's make a list.
 B Well, I want to make ¹ a lasagne, so we need ² _____ pasta and ³ _____ meat.
 A Pasta...and meat. What about tomatoes? Are there ⁴ _____ tomatoes in the fridge?
 B Let's have a look. There's ⁵ _____ onion, but there aren't ⁶ _____ tomatoes. Put those on the list, too.
 A Right...tomatoes. Is there ⁷ _____ cheese?
 B Yes, there's ⁸ _____ mozzarella cheese, so that's perfect.
 A Let's have ⁹ _____ salad with the lasagne.
 B OK. Then we need to buy ¹⁰ _____ lettuce.
 A What about dessert? Is there ¹¹ _____ fruit?
 B No, there isn't. Let's get ¹² _____ strawberries.

2 VOCABULARY

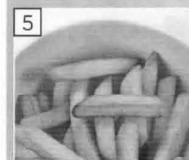
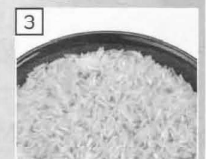
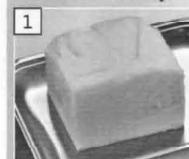
food

a Complete the crossword.

Clues across →



Clues down ↓






b Write the words in the correct column.

- apples bananas biscuits carrots chocolate crisps
 mushrooms onions oranges peas pineapple
 potatoes sandwiches strawberries sweets

Vegetables	Snacks	Fruit
_____	_____	<i>apples</i>
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

3 PRONUNCIATION the letters ea

a Circle the word with a different sound.

 tree	1 meat breakfast tea
 egg	2 bread healthy ice cream
 train	3 eat great steak

b **iChecker** Listen and check. Then listen and repeat the words.

4 READING

a Read the article and match the headings to the paragraphs.

coconut water ice lollies roast camel

b Read the article again. Write T (true) or F (false).

- The Bedouin people eat roast camel on special occasions. T
- There are seven ingredients in the Bedouin meal. —
- Frank Epperson's drink froze because the weather was cold. —
- He sold his first ice lolly when he was 29 years old. —
- According to the article, you can find coconut water in all coconuts. —
- Coconut water has a lot of sugar. —

c Guess the meaning of the **highlighted** words. Check in your dictionary.

5 LISTENING

a **iChecker** Listen to four speakers talking about their favourite meal. Complete the meals.

- Speaker 1 roast _____
 Speaker 2 _____ tikka masala
 Speaker 3 _____ and chips
 Speaker 4 sweet and sour _____

b **iChecker** Listen again. Match the speakers to the sentences.

- Speaker 1 A I often eat it outside.
 Speaker 2 B I always order rice with it.
 Speaker 3 C I have it at a local restaurant.
 Speaker 4 D I eat it when I visit my parents.

USEFUL WORDS AND PHRASES

Learn these words and phrases.

- cream /kri:m/
 dishes /dɪʃɪz/
 ingredients /ɪn'ɡri:diənts/
 popcorn /'pɒpkɔ:n/
 sauce /sɔ:s/
 sweetcorn /'swi:tkɔ:n/
 takeaway (food) /'teɪkəweɪ/
 delicious /dɪ'lɪʃəs/
 vegetarian /vedʒə'teəriən/
 a glass (of wine) /ə glɑ:s/

Three interesting food facts

1 _____

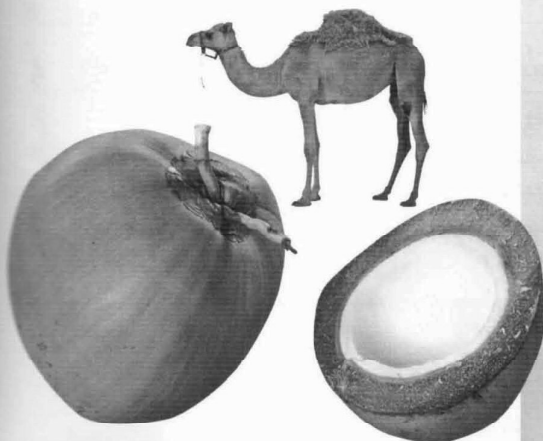
The Bedouin people, who live in the deserts of Africa, sometimes prepare a very big meal to celebrate **weddings**. The cook uses some eggs, some fish, some chickens, a sheep, and a camel to prepare it. He **stuffs** the fish with the eggs, the chickens with the fish, the sheep with the chickens, and the camel with the sheep. Then he cooks all the ingredients together in an enormous **oven** in the ground.

2 _____

It was an 11-year-old American boy who invented these. In 1905, the boy, Frank Epperson, wanted to make a drink. He put some soda **powder** in a cup of water and used a stick to mix it. Then he forgot about the drink and left it outside. That night it was very cold, so the mixture froze. Eighteen years later, he made some more of the frozen mixture and sold his first one at an amusement park. Americans call them 'popsicles'.

3 _____

You can find this liquid in young fruit that are still green. People drank it in South-East Asia, Africa, and the Caribbean before it became popular as a health drink. Today athletes drink it after doing sport. It is very good for you as it is low in **fats** and sugars. Doctors sometimes use it in an emergency because it is similar to human **plasma**.



9B White gold

1 GRAMMAR quantifiers: *how much / how many, a lot of, etc.*

a Complete the questions. Then complete the sentences.



1 He *doesn't have much salt with his meals.*



2 He _____



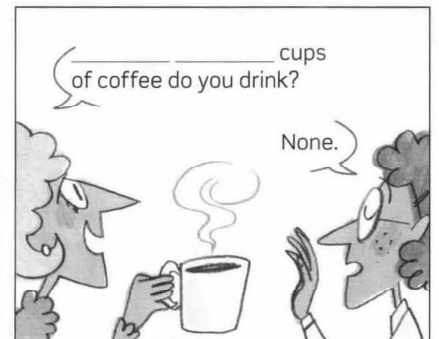
3 She _____



4 He _____



5 He _____



6 She _____

b Read the information and write questions.

FOOD FACTS

- There is 23g of sugar in an orange.
- There are about 125 calories in a banana.
- There are about 18 oranges in a carton of orange juice.
- There is 1.2g of salt in a bowl of cereal.
- There are six eggs in a box.
- There is 454g of jam in a jar.

- 1 How much sugar is there in an orange _____?
Answer: 23g.
- 2 _____?
Answer: About 125.
- 3 _____?
Answer: About 18.
- 4 _____?
Answer: 1.2g.
- 5 _____?
Answer: six.
- 6 _____?
Answer: 454g.

2 VOCABULARY food containers

a Unscramble the words to make food containers.





- 1 rja jar
- 2 bxo _____
- 3 rncoat _____
- 4 nit _____
- 5 cpeatk _____
- 6 nca _____
- 7 totble _____

b Complete the sentences with a container from a.

- 1 She was thirsty, so she bought a can of fizzy drink.
- 2 Do you need the scissors to open the _____ of juice?
- 3 He took the _____ of strawberry jam out of the cupboard.
- 4 There is a small _____ of crisps in that big bag.
- 5 We always take a _____ of water when we go for a walk.
- 6 They made some sandwiches with a _____ of tuna.
- 7 I gave her a _____ of chocolates to say thank you.

3 PRONUNCIATION /ʃ/ and /s/

a Circle the word with a different sound.

 snake	1 sugar salad cereal
 shower	2 sure fresh salt
 snake	3 rice shopping science
 shower	4 short information centre

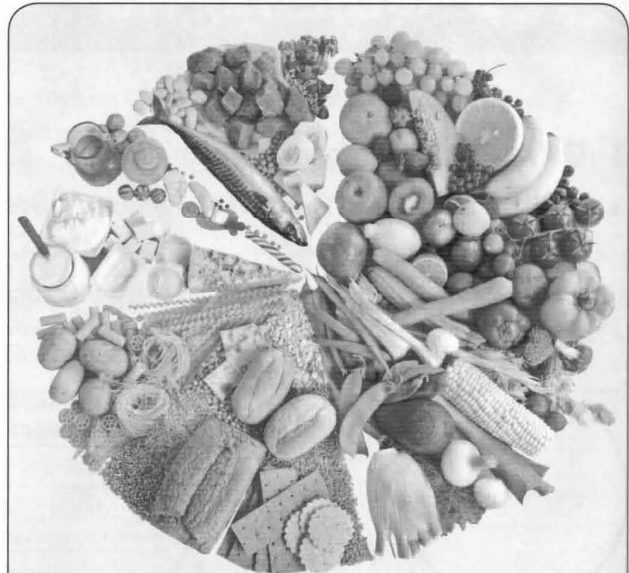
b **iChecker** Listen and check. Then listen and repeat the words.

c **iChecker** Listen and repeat the sentences.

- 1 She saw Susan standing outside the cinema.
- 2 Shawn said sorry for singing in the shower.
- 3 Steve puts six spoons of sugar on his cereal.
- 4 Sylvia spends Saturdays in the shopping centre.

4 LISTENING

a **iChecker** Listen to the radio show about food groups. Complete the examples of the groups.



- 1 carbohydrates: bread, pasta, _____, potatoes
- 2 fruits and vegetables: apples, oranges, _____, carrots
- 3 protein: meat, _____
- 4 milk and dairy: _____, yoghurt
- 5 fats and sugars: cakes, _____, sweets, crisps

b **iChecker** Listen again. Complete the gaps with one word.

- 1 Carbohydrates give us _____.
- 2 Fruits and vegetables contain important _____.
- 3 Protein helps our bodies to _____ and repair.
- 4 Milk and dairy are important for our bones and _____.
- 5 You should eat fats and sugars _____ or _____ a week.

USEFUL WORDS AND PHRASES

Learn these words and phrases.

- gold /gəʊld/
 spoon /spu:n/
 vitamins /'vɪtəmɪnz/
 fresh /frefʃ/
 spoonful /'spu:nfʊl/
 instead of /ɪn'sted əv/

9C Quiz night

1 GRAMMAR comparative adjectives

a Write the comparative forms of these adjectives in the correct circle.

bad beautiful cheap dry sad difficult dirty
cold far wet high hungry comfortable thin good

1

one syllable = + *er*

2

1 vowel + 1 consonant
= double consonant + *er*

3

1 or 2 syllables
ending in *y* = +*ier*

4

2 or more syllables
= *more* + adjective

5

irregular

worse

b Write sentences using the opposite adjective.

- 1 A bike is slower than a car.
A car is faster than a bike.
- 2 Lions are smaller than tigers.
Tigers _____.
- 3 Ireland is wetter than Italy.
Italy _____.
- 4 January is longer than February.
February _____.
- 5 A laptop is more expensive than an iPod.
An iPod _____.
- 6 Fridays are better than Mondays.
Mondays _____.
- 7 A cooker is hotter than a fridge.
A fridge _____.
- 8 Italian is easier than Russian.
Russian _____.

2 VOCABULARY high numbers

a **iChecker** Listen and **circle** the correct numbers.

- | | |
|--------------|------------|
| 1 104 | 304 |
| 2 586 | 596 |
| 3 2,670 | 2,660 |
| 4 8,905 | 9,905 |
| 5 11,750 | 12,750 |
| 6 543,830 | 553,830 |
| 7 1,315,000 | 1,350,000 |
| 8 25,460,000 | 35,460,000 |







b **iChecker** Listen and write the numbers in words.

- | | |
|--------------|-------|
| 1 125 | _____ |
| 2 895 | _____ |
| 3 4,500 | _____ |
| 4 12,470 | _____ |
| 5 33,930 | _____ |
| 6 575,600 | _____ |
| 7 6,250,000 | _____ |
| 8 34,800,265 | _____ |

3 PRONUNCIATION /ə/, sentence stress

a Write the words in the chart.

better cheaper colder dirtier drier easier
healthier higher shorter slower taller worse

 tree	 horse	 bird	 egg	 phone	 bike
_____	_____	_____	<i>better</i>	_____	_____
_____	_____	_____	_____	_____	_____

b **iChecker** Listen and repeat.

c **iChecker** Listen and underline the stressed words.

- 1 A pencil is cheaper than a pen.
- 2 June is shorter than July.
- 3 The kitchen is dirtier than the living room.
- 4 An apple is healthier than a biscuit.
- 5 Switzerland is colder than France.
- 6 Everest is higher than Kilimanjaro.

d **iChecker** Listen again and repeat the sentences. Copy the rhythm.

4 READING

a Read the sentences. Do you think they are T (true) or F (false)? Then read the article and check.

- 1 Cycling is safer than driving. —
- 2 Dogs are more intelligent than cats. —
- 3 South America is bigger than North America. —
- 4 Margarine is healthier than butter. —

b Guess the meaning of the highlighted words. Check the meaning and pronunciation in your dictionary.

5 LISTENING

iChecker Listen to a conversation between a couple talking about two cities with the same name. Write T (true) or F (false).

- 1 More people live in Birmingham UK than Birmingham USA. T
- 2 Birmingham UK is bigger than Birmingham USA. —
- 3 Birmingham USA is greener than Birmingham UK. —
- 4 Birmingham USA is older than Birmingham UK. —
- 5 Birmingham USA is wetter than Birmingham UK. —
- 6 Birmingham UK is colder than Birmingham USA. —

USEFUL WORDS AND PHRASES

Learn these words and phrases.

contestants /kən'testənts/

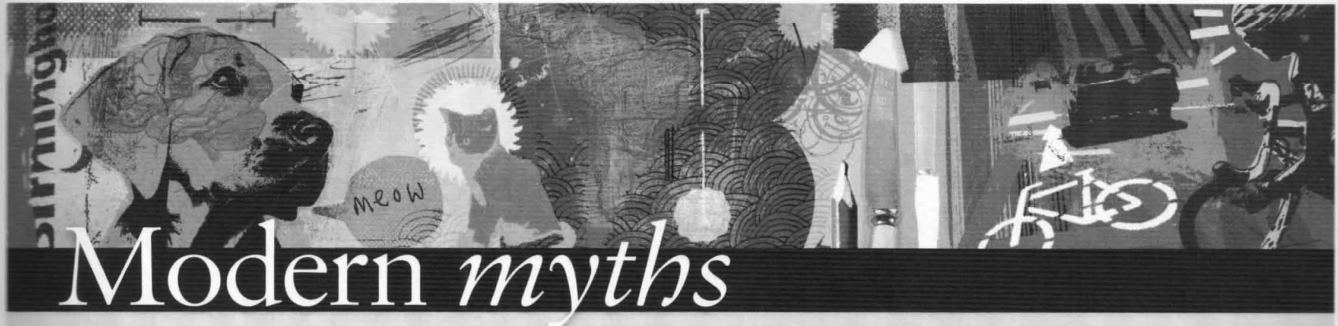
population /pəpjʊ'leɪʃn/

prize /praɪz/

approximately /ə'prɒksɪmətli/

win a competition /wɪn ə kəmpe'tɪʃn/

iChecker TESTS FILE 9



1 Scientists at Oxford University did some research into the brains of different groups of mammals. They looked at the changes in the size of the brains over the last 60 million years and they discovered that there were bigger changes in dogs' brains than there were in cats' brains. They think that dogs are cleverer than cats because they are more social.

2 There are 12 countries in South America including Argentina and Brazil. It has an area of 17,840,000 square kilometres and its population is over 371,090,000. North America includes Canada and the USA but it also contains the countries of Central America. It covers an area of about 24,709,000 square kilometres and its population is nearly 529 million. This makes it bigger than South America.

3 When the British Medical Journal studied the number of people injured in traffic accidents in the UK, they got a surprise. They discovered that for every 100 car passengers who went to hospital, there were 68 cyclists. However, a lot of people travel by car, and only a few go by bike, so the results show that cycling is actually more dangerous than driving.

4 Experts have different opinions about margarine and butter, and there is a big argument about which one is better for you. The truth is that margarine today is better than it was in the past because producers use a different type of vegetable oil. Butter still contains a lot of animal fat. Margarine today contains less fat which makes it healthier than butter.