## Word list

The numbers / track references in brackets indicate the first occurrence of each word/phrase in the unit.

**addiction** *noun* the state of being unable to stop doing, having or using something Exercise has become an addiction for me.

**competitive sport** *phrase* a sport that involves competition against other people Football is the most popular competitive sport.

**drown out** *phrasal verb* to make a noise that prevents another noise from being heard I turned up the radio to drown out the noise of the roadworks.

**for a start** *phrase* used when you are giving the first in a list of reasons or points you want to make We never go to that café. For a start, it's too expensive, and also the service is very slow.

force someone to do something phrase to make someone do something they don't want to do I hated the violin when I was younger, but my mother forced me to learn it.

**grab someone's attention** *phrase* to do something that immediately makes someone look or listen The advertisement is designed to grab people's attention.

hack into phrasal verb to get into someone's computer system without permission in order to get information or do something illegal He was arrested for hacking into government files.

**leave things to chance** *phrase* to act without any particular plan or expectation I decided to book a hotel rather than leaving things to chance.

**leisure activity** *phrase* something that you do in your free time for enjoyment Playing computer games is a very popular leisure activity.

mass market phrase a large number of people who want to buy something We don't produce goods for the mass market.

pass down from generation to generation phrase If something is passed down from generation to generation, it is given by older people to their children, who then give it to their children, and so on. These stories have been passed down from generation to generation.

raise funds phrase to collect a sum of money for a certain purpose We're trying to raise funds for a new swimming pool.

**relief** *noun* a feeling of happiness that something unpleasant has not happened or has ended After the exam. I felt an incredible sense of relief.

**value for money** *phrase* If something is value for money, you feel satisfied with what you get for its price. Our customers like to feel they're getting value for money.

**virtual world** *phrase* a world that only exists online You should get out and experience the real world instead of sitting here playing in a virtual world.