

# Word list

The numbers / track references in brackets indicate the first occurrence of each word/phrase in the unit.

## Unit 5

**at first light** *phrase* as soon as the sun starts to rise We will have to get up at first light tomorrow.

**be in two minds about something** *idiom* to be unable to decide about something I'm in two minds about going to see that film as it's had mixed reviews.

**bump into** *phrasal verb* to meet someone when you have not planned to meet them I bumped into an old school friend in town today.

**emergency services** *plural noun* the organisations that deal with accidents and urgent problems such as fire, illness, or crime The emergency services were on standby as the plane landed.

**firefighter** *noun* someone whose job is to stop fires burning More than twenty firefighters battled the blaze.

**have flashbacks** *phrase* to have vivid memories of an experience, usually an unpleasant one I still have flashbacks to the car accident we had.

**in response to** *phrase* as an answer to I am writing in response to your letter.

**keep your ears pricked** *idiom* to listen carefully for something We kept our ears pricked for intruders.

**keep your fingers crossed** *idiom* to hope that things will happen in the way that you want them to Let's keep our fingers crossed that it doesn't rain.

**narrow-minded** *adjective* not willing to accept new ideas or opinions that are different from your own The people here are very narrow-minded.

**put your foot on the accelerator** *phrase* to press down on the pedal that makes a car go more quickly I saw the time and put my foot on the accelerator.

**sense of achievement** *phrase* a feeling of pride because you have been able to do something successfully I had a real sense of achievement when I passed my driving test.

**strong current** *phrase* a powerful flow of water in the sea or in a river The strong current swept the man out to sea.

**take someone to court** *phrase* to take legal action against someone She's threatening to take me to court for not paying the bill on time.

**watch your step** *idiom* to be careful about what you say and do You'll be thrown out of college if you don't watch your step.

**workout** *noun* a series of exercises to make your body strong and healthy He does a daily workout at the gym.

**worthwhile occupation** *phrase* a job that has benefits for others I think teaching is a very worthwhile occupation.