

# Word list

The numbers / track references in brackets indicate the first occurrence of each word/phrase in the unit.

## Unit 3

**appreciate** *verb* (37) to recognise how good someone or something is and to value them My trip taught me to appreciate other cultures.

**cope** *verb* (37) to manage to do something in a difficult situation She has a lot of work, but somehow she copes.

**daily routine** *phrase* (37) the things that you do every day at the same time My daily routine usually includes going for a run.

**drag** *verb* (CD1 T09) to make someone go with you when they do not want to Our parents dragged us to an art exhibition.

**dump** *verb* (CD1 T09) to get rid of someone, often by going away from them We dumped my little brother and went out.

**fed up** *adjective* (CD1 T09) bored, annoyed or disappointed, especially by something you have experienced for too long They were fed up with the same old routine.

**forthcoming** *adjective* (32) going to happen soon the forthcoming election/visit

**homeward** *adjective* (32) going towards home the homeward journey

**outward** *adjective* (32) going towards a particular place, rather than returning from it an outward journey

**overland** *adverb* (32) across the land rather than by sea or through the air They travelled overland to China.

**party to the small hours** *phrase* (CD1 T09) to enjoy yourself at a party until past midnight We were out every night, partying to the small hours.

**round trip** *noun* (32) a journey from one place to another and back to where you started The round trip takes nearly two days.

**teamwork** *noun* (37) when a group of people work well together Teamwork is vital to the success of the project.

**thrill** *noun* (37) a strong feeling of excitement and pleasure It was a big thrill meeting the stars of the show.

**tough** *adjective* (37) difficult to do or deal with Life in such a cold region is very tough.