Word list

The numbers / track references in brackets indicate the first occurrence of each word/phrase in the unit.

at the mercy of *phrase* in a situation where someone or something has complete power over you Poor people are increasingly at the mercy of money-lenders.

at this juncture phrase at this particular point in time At this juncture, it is impossible to say whether she will make a full recovery.

barbarism *noun* extremely cruel and unpleasant behaviour He witnessed some appalling acts of barbarism during the war.

behind the wheel *phrase* driving a motor vehicle I'm a different person when I'm behind the wheel.

blow something out of proportion *phrase* to treat a particular event or problem far too seriously It's ridiculous – we have a tiny disagreement and you blow the whole thing out of proportion!

conserve energy *phrase* to use as little energy as possible The new light bulbs use less electricity and therefore conserve energy.

criminal record *noun* Someone with a criminal record has been found guilty of crimes in the past. The company will not employ anyone with a criminal record.

degenerate *verb* to become worse The demonstration soon degenerated into violence.

disorientated adjective confused and not knowing where to go or what to do He woke up feeling completely disorientated.

feasible adjective able to be made, done, or achieved With the extra resources, the project now seems feasible.

financial resources *phrase* the amount of money that is available to spend The country doesn't have the financial resources to invest in housing.

find something laughable *phrase* to think something is stupid or ridiculous I found their plan to change fruit into oil laughable.

flawed *adjective* not perfect, containing mistakes Further studies show that her data was flawed.

grab the headlines *phrase* to be widely reported in the news The museum grabbed the headlines when it paid over £1 million for a pile of bricks.

hand down *phrasal verb* to give something to someone in your family who is younger than you I really wanted new clothes when I was younger, but everything was handed down by my brother.

in broad terms *phrase* speaking in a general way He described the job in broad terms, without going into details.

labour-saving device *phrase* a machine or piece of equipment that saves time and effort Vacuum cleaners and washing machines are labour-saving devices.

meet regulations *phrase* to fulfil or satisfy a set of rules The offices do not meet safety regulations.

predator *noun* an animal that hunts, kills and eats other animals Hippos do not have many predators.

relatively few and far between phrase not happening or existing very often You may as well walk, as buses from here are relatively few and far between.

rock steady phrase not likely to move or break Make sure the fence posts are rock steady.

world view phrase a way of thinking about the world Our world view is quite different from that of writers in the fourth century BC.