Answer key

1 A family affair

Grammar

- 1 2 haven't written 3 've/have been working
 4 've/have met 5 've/have taken 6 has improved
 7 haven't had 8 have gone 9 's/has phoned
 10 have been playing 11 've/have been writing
 12 've/have sent 13 've/have changed 14 've/have been wondering 15 've/have been doing
- 2 2 Have you been getting up early every day?
 - 3 Have you bought anything?
 - 4 Have you been learning how to cook Spanish food?
 - 5 How many times have you eaten paella?
 - 6 Where have you decided to go travelling?

Vocabulary

- 1 2 made 3 make 4 do 5 make 6 do 7 made 8 did 9 make 10 make
- 2 2 impatient 3 aggressive 4 disorganised5 understanding 6 unreliable 7 enthusiastic
- 3 2 clear up 3 worn out 4 go for 5 pick me up 6 went on

Writing | Part 2

1 I definately [definitely] think that teenage year's [years] should be the best in everyones [everyone's] life because you can have fun and you have fewer problems than adults [add full stop]. teenagers [capital T] Teenagers know how to have a good time. Most teenagers have a lot of freinds [friends] and they discuss things that they are interested in. Teenagers have to be in fashion, [add comma] wearing up-to-date cloths [clothes] and listening to modern music. They also like to do sports and compete in matchs [matches]. But teenager's [teenagers'] parents sometimes have a difficult time and they don't [don't] understand why? . [full stop, not question mark] Wouldn't [Wouldn't] you feel angry if someone went into your room without permission-? [question mark, not full stop] So do teenagers. Teenagers stop thinking like children

as they grow up and their believes [beliefs] and their interests change. My opinion is that teenage years are magical and Hd [I'd] like to stay a teenager forever.

Writing | Part 1

3 2 d 3 f 4 e 5 a 6 b

- 4 1 they have no one to play with
 - 2 only children feel very loved
 - 3 it can be difficult to have any privacy
 - **4** children from large families are used to sharing their toys
- 5 Extract A: paragraph 3 Extract B: paragraph 2

Sounds and spelling

- 7 2 email 3 people 4 parties 5 receive 6 ski 7 key 8 theme 9 see
- 8 2 team 3 season 4 recent 5 succeed 6 believe
 7 fifteen 8 freedom 9 please 10 ceiling
 11 police 12 these
- 9 The most common spellings are ea and ee.

Listening | Part 3

1B 2H 3C 4F 5D

Track 02

Speaker 1: Every year my family get together and go down to the river for a picnic. There's usually about 12 of us – kids and grown-ups. We always do the same thing and this year I said I wasn't going. But my parents insisted because they said it would look rude. I wouldn't have minded if it was just the afternoon but I wasn't looking forward to the whole day. When I got there though my cousin had brought a couple of her friends and we sat together. I had a good time but would still have preferred to stay at home.

Speaker 2: Every year someone in my family arranges a day out in London for all of us. This year my mum and did it and we chose to go to a musical. It was difficult

to find a show that would appeal to everyone and we were a bit worried that my granny or my cousins wouldn't like it, as in my family everyone says what wouldn't like it, as in my family everyone says what they think. So when everyone said they'd had a great time, we knew we'd made the right choice. Nobody complained, even when we missed the train home and we had to wait an hour in the station.

- Speaker 3: Last weekend my aunt and uncle and cousins were staying and we decided to go out for the day. We were going to the seaside but we hadn't gone far when we drove past the zoo and my cousins said they wanted to go in. So we decided we'd go in for an hour and then carry on to the seaside. But there was so much to see that we stayed there all day. My mum and dad and my granny really aren't keen on zoos and were looking forward to a day on the beach but the rest of us didn't mind at all.
- Speaker 4: My sister's birthday's in the summer so we usually go out somewhere for the day. She said she wanted to go to a theme park this year which was good for me as I don't usually want to do what she suggests. It's a new park quite near where I live. I only went on half the rides I wanted to because it's huge. The whole park shut at six I suppose because it was getting dark. It didn't matter though because Mum and Dad said we can go again. They enjoyed sitting in the café and reading the newspapers.
- Speaker 5: Last Sunday I went to the seaside with my family. My brother and sister are older than me and they didn't really want to come but I persuaded them as otherwise it would have been a bit boring with Mum, Dad and my grandparents. When we got there, we had a swim in the sea and a lovely picnic which my granny made. We agreed that we'd take a boat out in the afternoon but when we went to get one they were all out, which was a real shame. Unfortunately, we hadn't realised we needed to book. So we just went for another swim and then came home.

Reading and Use of English | Part 7 1D 2B 3C 4D 5E 6A 7E 8C 9B 10E

2 Leisure and pleasure

Grammar

- 1 2 most 3 riskiest 4 much 5 well 6 less 7 far 8 least
- 2 3 Tennis is the more hardest sport to learn.
 - 4/
 - **5** It's less easier easy to learn a new sport as you get older.
 - **6** For me, playing computer games is the more most relaxing way to spend my free time.
 - **7** Joining a sports club can help people to become more healthier.
 - **8** I am the fittest now than that I have ever been in my life. / I am the fittest fitter now than I have ever been in my life.
- 3 1 amazing 2 irritating 3 interested 4 embarrassing 5 disappointed 6 relaxing
- 4 to amuse, amusement; to confuse, confusion; to embarrass, embarrassment; to exhaust, exhaustion; to excite, excitement; to relax, relaxation; to shock, shock; to worry, worry

Writing | Part 2

- 1 2 I would like to teach this game to my children but they're too young at the moment.
 - **3** I loved playing it with all the kids in the neighbourhood because it was really exciting.
 - **4** Any number of people can play but it's more fun with between six and eight players.
 - **5** My favourite game was called 'Pom Pom Home' but I haven't played it since I was 12.
 - **6** On long summer evenings we'd play for hours and we'd come home completely exhausted.
 - 7 To rescue someone you had to run and touch 'home', and then you had to run away quickly before you got caught.
 - **8** It's basically quite similar to 'Hide and Seek' but it's just a bit more complicated and active.
 - **9** I was always really thrilled when my older brother played with us because he was a fast runner and he would always rescue me if I got caught.

2 A: Sentences 6 and 8 B: Sentences 4 and 7 C: Sentences 3 and 9 D: Sentences 1 and 2

3 1 c 2 a 3 b

4 1 3b 2 1c 3 2a

5 1 so 2 and 3 so 4 but 5 and 6 as / because 7 but 8 and / so 9 As 10 but 11 and 12 as / because 13 and 14 but

Sounds and spelling

6 2 guitar 3 orange 4 college 5 myth

7 1 written 2 pretty 3 interesting 4 average
5 guilty 6 pocket 7 sausage 8 sympathy
9 English

Vocabulary

1 take up: an offer, a sport start up: a business, a machine make up: a story, an excuse sum up: a story, the main points of an argument

2 1 B 2 E 3 C 4 F 5 A 6 D

3 2 go off 3 showing off 4 cut off 5 let us off 6 put off

Listening | Part 4

1B 2B 3A 4A 5C 6B 7A

Track 03

Interviewer: So Toby, how did you get into playing chess?

Toby: Well, I started playing with my dad when I was about 11 and I joined my club four years ago when my mom found an article in a local newspaper about the team from our local chess club winning a national tournament. My mom thought I would learn a lot from these guys. Now I'm one of the best players. All my opponents are much older than me but I'm used to it because it's like that everywhere. Anyway there are not too many players my age.

Interviewer: Playing chess on the Internet is very popular now, isn't it? Would you recommend that to new players?

Toby: I used to play chess on the Internet a lot and it was good up to a point. But I don't any more because I found my game wasn't developing. Anyway, there's nothing like the thrill of playing face to face. It's more exciting and more challenging.

Interviewer: Has watching the grandmasters play helped to develop your game?

Toby: Oh, definitely. Veselin Topalov is my favourite player of all time. He's an aggressive player and risks everything to win, and he doesn't mind sacrificing pieces if he has to. Sometimes I think he's going to lose and then I'm really surprised when he wins.

Interviewer: So what's the secret of your success? How do you decide which moves to make?

Toby: When making a move, I normally go on intuition. I'll look at the position and say, 'Which move looks comfortable to me?' After that, I choose about three moves and analyse them. I play some variations in my head. What would the position be after three moves or five moves? I look at the plans of the opponent to see if I have to do something against them or not. There is no best way to play a position. It depends on the player. But most of the time, it's just a question of knowing when to make an aggressive move and when to play a defensive move. It comes with experience.

Interviewer: Do you think you'll ever get to be a grand master yourself?

Toby: At the moment my ambition is to be ranked inside the top 100 players younger than 21 in the US Chess Federation. I'm currently ranked in the top 150 but I don't see my future career in chess.

Interviewer: Why's that?

Toby: Well, for one thing, <u>I don't think I have the</u>
<u>personality you need to be one of the top players</u>. I
probably could, if I really put a lot of effort into it, be a
chess trainer but it doesn't pay well. So it's better for
me to play for fun.

Interviewer: Experts always recommend that parents teach their children chess to help them learn about logic. Do you think that's useful?

Interviewer: Some people say that a game of chess is like the game of life. Do you agree with that?

Toby: No, I don't think chess is like life. I mean in some ways I suppose you could say it's similar. Many people set themselves targets and plan ahead for the future, for example. But in my mind, it's really important to separate chess and life because in chess, you can plan every move you make and you have a fairly good idea of what will happen next. And that's not true in life.

Interviewer: OK, we'll take a break now and ...

Reading and Use of English | Part 2

1 who/that 2 in/with 3 there 4 because/as/or/since 5 to 6 be 7 with 8 up

Reading and Use of English | Part 4

1 wasn't/was not as expensive as

2 was disappointing for 3 because/since she took

4 like/enjoy hockey as much 5 is the least

interesting 6 found the race very/really exciting

3 Happy holidays?

Grammar

- 1 2 was still looking; stopped 3 met; were going 4 sat; didn't eat; talked 5 woke up; were travelling 6 crossed; began 7 reached; knew 8 arrived; weren't waiting; took
- 2 2 had been trying 3 had owned 4 had been feeling 5 'd/had forgotten 6 'd/had been standing up
- 3 2 had ever been skiing 3 had been looking 4 were driving 5 started 6 got 7 wasn't/was not 8 said 9 went 10 got 11 looked 12 had been snowing
- 4 2 in 3 on 4 on 5 at 6 on 7 in 8 on 9 In 10 at

Vocabulary

- 2 poisonous 3 scientific 4 risky 5 fashionable
 6 energetic 7 dramatic 8 adventurous
 9 industrial 10 thoughtless 11 competitive
 12 natural
- 2 Across: 4 activity 6 overnight 10 voyages 11 travel

Down: 1 backpacking 2 flight 3 cruise 5 journey 7 hostels 8 tour 9 way 11 trip

Reading and Use of English | Part 5

1B 2C 3D 4A 5A 6D

Listening | Part 1

1B 2C 3C 4B 5A 6C 7B 8A

D Track 04

Presenter: One. You overhear someone talking to a tour guide.

Tourist: I just wanted to say, yesterday evening, when we went round the town, sightseeing, it was really good to have you show us everything and tell us where to go and what to do. I know later in the week we're going on another tour which is in the afternoon this time. So it'll be hot and I think it would be a good idea to have a break and get a drink in a café in the middle of the tour. It was OK yesterday because it was evening but I don't think I can manage to walk round for two hours in the heat.

Presenter: Two. You hear a man talking on the radio about a place he visited on holiday.

Man: It's not yet been discovered by most tourists so don't bother going there if you're looking for nightlife.

You will though want to have space in your suitcases to bring home some of the local crafts and you can spend hours wandering the streets going in and out of the souvenir places spending your money. Apart from that, there's not really much else to do. You can get a bus into the surrounding countryside but, to be honest, it's a bit dull. You'll have to entertain yourself by sitting in a café and watching people. That always fascinates me – other people's lives are more interesting than mine!

Presenter: Three. You overhear two people talking about a holiday.

Man: Well, the holiday could have been better.

Woman: Oh, it wasn't that bad. I mean, when I realised our flight was going to be held up because of fog, I thought, 'Oh no, that's when the bags get on the wrong plane and go to the wrong place'.

Man: I know. I was worried too. I hate not having all my things.

Woman: But we were lucky there.

Man: Not so lucky with the hotel though.

Woman: Our room was OK.

Man: Well, I'm not surprised it wasn't fully booked even at the busiest time of year. I won't go back there again.

Presenter: Four. You overhear a woman leaving a message on an answerphone.

Woman: Hi, Janey. Look, I know we made all the arrangements the other day about getting to the airport, and we agreed you would give me a lift, but I think we've allowed far too much time to get there. I was talking to a friend of mine who drives a taxi and he said it's a very straightforward journey. He said another time he'll take us in his taxi. So, anyway, shall I see you at mine about 8.30 instead of 8? Let me know. I can still get the bus and see you at the check-in if it's easier for you.

Presenter: Five. You hear two people talking about a TV programme they saw.

Woman: I enjoyed that documentary about Africa but I wonder how they filmed some of it. I've heard that occasionally they film in a zoo to get good pictures.

Man: I'd be really annoyed if they'd done that. But it's unlikely as they showed how they'd made it afterwards.
I could have done without that presenter though who seemed to think he was talking to a bunch of school kids.

Woman: Well, the alternative was more of that awful music in the background.

Man: True. TV producers seem afraid of silence but I've watched so many of these programmes, it didn't bother me.

Presenter: Six. You hear the following announcement on a train.

Announcer: This is the 4.15 service to Birmingham. This is to inform passengers travelling on this train that there will be two extra stops as stated on the departure board in the station. This is because the train which was due to depart for Birmingham at 12 minutes past four was cancelled. Passengers due to travel on that train were told to catch this one instead.

This train is usually a non-stop service so we apologise for a slight delay in arriving at our destination. We also apologise to those passengers who were due to catch the earlier train.

Presenter: Seven. You overhear two people arranging a trip together.

Woman: So, I know you want to plan where we'll go in New Zealand but what happens if we arrive somewhere and we really like it and want to stay longer? If we've already booked a hotel in the next town, we'll have to move on.

Man: But we can save a lot of money by booking in advance on the Internet.

Woman: Sometimes you also get a good deal when you book on the day, so I don't think that matters. And if you're worried about money, we could just stay in cheaper places.

Man: And I suppose if we don't manage to see everything we want, we'll have to go back on another trip!

Presenter: Eight. You hear two people talking about something that happened on a journey.

Man: Hi, Tara. How was the long train journey from Edinburgh?

Woman: Well, it went really fast because I started talking to the man sitting opposite me. I told him all about how I want to study literature and the novel I've been writing.

Man: So, he must have been interested if he kept listening.

Woman: He was very polite. The thing is I talked a lot about creative writing and how you do it. Then when he got off, he gave me his card and he's a well-known author. I was really ashamed of myself as I didn't give him a chance to say very much so I had no idea.

Writing | Part 2

2 2 Positive opinions

a good opportunity to get to know some famous works of art and to learn more about them some of the students have studied Pop Art and would get a real thrill from seeing the original pictures

Negative opinions many students think that exhibitions are boring they have already studied Pop Art they do not think the trip would be very educational

- 3 1 has a clear and coherent introduction.
 - 2 includes lots of different advantages and disadvantages. X
 - 3 uses different ideas to support the advantages and disadvantages. X
 - 4 has been planned. \(\square\$
 - 5 uses reporting verbs to give an impersonal tone. ✓
 - **6** is organised into appropriate sections. ✓
 - 7 uses appropriate organising words and phrases.
 - 8 makes a recommendation based on the information already presented. X

Sounds and spelling

- 5 2 great 3 game 4 waiter 5 paper 6 holiday 7 straight
- 6 1 steak 2 ate 3 weight / wait 4 nail 5 strange 6 anyway 7 afraid 8 train 9 fate 10 break 11 date 12 plain

4 Food, glorious food

Grammar

1 1B 2B 3A 4B 5C 6B 7B 8A 9A 10C

2 3 little \rightarrow few

41

5 such long time \rightarrow such a long time

61

7 many \rightarrow much

8 so good as \rightarrow as good as

9 much more better \rightarrow much better

10 isn't \rightarrow aren't

Vocabulary

- 1 2 elaborate 3 diet 4 food 5 simple
 6 Convenience 7 filling 8 shortage 9 food
 10 meal
- 2 1 protein 2 spinach 3 dairy 4 seaweed 5 junk
 6 Herbs 7 fat 8 canteen

Н	В	А	N	Α	Ν	S	0	F
S	М	А	Ν	Р	Р	Р	U	Α
E	P	R	0	Т	Е	_	Z	
А	D	L	Е	L	0	N	K	А
W	H	Е	R	В	S	A	А	_
E	R	А	F	Ε	А	С	Z	R
E	Y	А	A	Т	Е	H	Р	Y
D	Е	Т	I	А	R	G	А	Е
S	C	Α	Ν	Т	Е	Е	Z	S

Writing | Part 2

1 1 E 2 C 3 A 4 D 5 B

2 9 What happens at the end?

- 3 2 Who is in it?
 - 3 What type of film is it?
 - 4 Who would like this film?
 - 5 Are the actors good?
 - **6** Who are the main characters?
 - 7 What is the situation at the beginning?
 - 8 What are the main events?
 - 12 Who directed the film?
 - 13 What other films has the director/have the actors made?

Sounds and spelling

- 6 2 along 3 because 4 cough 5 knowledge 6 gone
- 7 1 acknowledge 2 swallow 3 cauliflower 4 swan 5 Australia 6 wrong 7 clock 8 shone 9 watch 10 washing

Reading and Use of English | Part 4

1 instead of going 2 advised me to have / advised having 3 were too few 4 doesn't have / hasn't got enough 5 isn't any / is no fish left 6 isn't as good as

Listening | Part 2

1 responsibility 2 quality 3 team 4 ingredients 5 review 6 celebration 7 detail 8 500 9 seasonal 10 September

Track 05

Interviewer: Today we welcome Ivor Roberts who owns a chain of restaurants and he's going to tell us what it's like for him.

Ivor: Thank you. I now have six restaurants but I started off with one small one in the town where I grew up. The job of running the restaurants is exhausting but enjoyable at the same time because of the responsibility. That side of it can also be quite frightening at times. The restaurants are now really popular and I don't want that to change. We get a lot of repeat business, you know, customers coming back to us again and again. I think the reason for that is that they're looking for the kind of quality that's not easy to find in most restaurants. In fact, it's not easy for us to achieve day in and day out but we get close. Looking back, the best piece of advice I'd give to someone starting a restaurant is that it's essential to

build a strong <u>team</u> and that's what I did from day one. Without that the business can't succeed.

We're like a family. Everyone has to play their part. Training the cooks is a really important part of my job. The first thing I tell them to do before they try and make a dish is to work out what the <u>ingredients</u> are. That's the starting point. How can they cook something if they can't taste what's in it? Most people learn very quickly.

Another thing I focus on is keeping my staff motivated and interested. When they've done a good job, I tell them but one thing I don't do is to let them see each fantastic <u>review</u> we get. I'm more interested in finding out what we can do better and how we can continue to learn.

I don't want to give the impression that I don't get it wrong sometimes because of course I do. We had one restaurant a few years ago that wasn't doing very well. It was full at the weekends but empty during the week. People were only booking it for a <u>celebration</u> of some

kind. So we made a few changes, made it more relaxed so people felt it was somewhere they could go every day of the week.

Another thing I am passionate about is that every customer receives a level of service which never changes, whatever time or day of the week it is. And I think commitment to <u>detail</u> is the way to do that. In fact, we hardly ever get any complaints and rarely about the food. But sometimes people aren't happy because they can't get a table. At one of our restaurants which is by the river, where there are just 20 tables, we get over <u>500</u> calls a day for reservations. That's about 3,000 calls a week! Demand is really high and we have to make sure that people aren't disappointed when they do get a table. I do that by making sure the menu is always exciting.

My favourite part of the job will always be choosing what goes on the menu. I still get involved in that and it never gets boring. That's what's so wonderful about cooking; it's seasonal, so the kind of things we cook changes every three months or so. In summer, it's really light and fresh with lots of fish and salads and more cold food, of course. Then after that, the food starts to get richer and heavier in September. There's more red meat and game on the menu, for example.

Well, I think the only thing left to say is that if you haven't been to one of my restaurants, I do hope you'll come and see for yourself.

Reading and Use of English | Part 3

1 movement 2 locally 3 reliable 4 difficulty 5 solution 6 impossible 7 easiest 8 protection

5 Study time

Grammar

1 2 wore 3 helps 4 don't make 5 want 6 are 7 had 8 need 9 would come 10 'll/will see

Vocabulary

- 1 2 attend \rightarrow expect 3 assist \rightarrow attend 4 know \rightarrow find out 5 take part in \rightarrow join 6 know \rightarrow get to know 7 took part in \rightarrow attended 8 attend \rightarrow see
- 2 2 find out 3 pointed out 4 got away with 5 sort
 out 6 put off 7 got through 8 turned out
- 3 2 course 3 marks 4 academic 5 degree 6 prospects 7 coursework 8 research 9 tutor 10 tutorials

0	L	Т	Т	F	1	F	U	Е	M	Ν
W	6	E	9	E/	L	R	Е	G	U	I
Ν	D	(1)	R	6	Т	U	F	S	T	J
Е	E	(G)	R	1	Е	А	Ν	U	0	A
P	E	S	U	5	A	Е	R	Ε	R	C
6	E	Т	Е	D	E	9	С	0	1	А
M	Α	R	K	S	A	W	A	Н	A	D
C	0	U	R	S	E	D	6	A	L	E
R	Е	S	Е	Α	R	С	角	R	S	М
P	R	0	S	Р	Е	С	Τ	3	Ø	1
N	0	1	S	S	1	М	D	A	С	C

- **4 -ation:** application, concentration, identification, publication
 - -ence: existence, difference, preference
 - **-ment:** amazement, arrangement, encouragement, punishment
 - -ance: appearance, assistance, guidance, performance
- 5 1 publication 2 difference 3 amazement 4 existence 5 assistance

Reading and Use of English | Part 6

Listening | Part 3 1H 2D 3C 4F 5B

Track 06

Speaker 1: A friend suggested I should do this course because I've been going from job to job recently. I'd love to be a bit more settled and do something I can really get satisfaction from. The best answer seems to be to set up on my own making jewellery which I enjoy. I'm quite good at it and I think I can do it if I can get enough money to buy the materials. The course itself is quite expensive but I don't know anything about finances and planning so it's exactly what I need. I don't want to make any mistakes.

Speaker 2: I was always good at languages and history and got really good marks in those subjects at school but I didn't want to go on with them. I've now decided I want to do something with science – I'd like to be able to research new drugs or maybe become a doctor. The problem is I've hardly done any science until now so I'm doing a course to catch up. Then I will apply to do a biology degree or even medicine. I really want to have a skill I can use to help other people and maybe travel abroad, too. Then I'd be able to use my languages as well.

Speaker 3: I'm doing a course in marketing as it's an area I know very little about. The other people on the course are really friendly but mostly older than me and I sometimes end up helping them with some of the computer programs we have to use. That's good for my confidence. I'm hoping the course will help my prospects at work – I want to apply for something with more responsibility. I didn't go to university and this course might help me to show my company that I'm capable of much more than I'm doing at the moment.

Speaker 4: I work for an accountant and I love my job because I've always been good at maths. I get on well with my colleagues and I'm already in charge of a department. My only problem is I don't get much free time as I often have to work late. It's really easy to just sit in front of the TV when I get home, so I decided to do a photography course. It makes me go out and about taking photos, and it also means I'm doing something which uses the opposite part of my brain from my job, which is all facts and figures.

Speaker 5: My main thing in life is swimming. I'm still at school, and in my holidays and at weekends I work as a lifeguard in the local pool. I'm saving up all the money I earn as I want to travel to Australia and spend a year there. I'm doing a scuba-diving course at the moment because I've been told that I should get work teaching tourists to dive off the Barrier Reef if I'm properly qualified. That would be fun and I'd get to know some people of my own age too, hopefully. After that, I'll probably go to university.

Reading and Use of English | Part 3

1 effective 2 inhabitants 3 knowledge
4 requirements 5 recommendations
6 possibilities 7 unsuitable 8 memorable

Writing | Part 1

1 Yes (depends how independent you are – miss your family, but become more mature.)

2 1d 2b 3a 4e 5c

Sounds and spelling

4 2 another 3 tough 4 blood 5 come

5 2 love 3 honey 4 touch 5 hurry 6 drums 7 some 8 money 9 flood 10 brother

6 My first job

Grammar

1 2 a 3 a 4 the 5 the 6 a 7 a 8 - 9 - 10 a 11 a 12 the 13 a 14 a 15 a 16 the 17 -

2 2 equipment 3 food 4 suitcases 5 information 6 views 7 suggestions 8 dish 9 luggage 10 experience

Vocabulary

1 1 full-time job 2 paid job 3 weekend work4 temporary job 5 skilled work 6 outdoor work

2 3 occasions → opportunities 4 an opportunity → a possibility / a chance 5 funny → fun 6 ✓
7 ✓ 8 occasion → opportunity / chance

Writing | Part 2

- 1 2 Although 3 so as a result 4 For the same reason, 5 The disadvantage is that 6 On the other hand, 7 Both 8 If you like,
- 2 1 He writes about jobs in a supermarket and jobs as a waiter in a restaurant or café.
 2 There are jobs available because people prefer not to work in the evening and at weekends.
 3 Working in a restaurant because it's more interesting and you might get free food.
- 3 Suggested paragraph breaks: after Jay, selling!, money!, summer, wishes
- 4 Dear Sir/Madam,
 I am writing to apply in response to your advertisement for a tour guide in the Bosham Daily News last Thursday.
 I am a 22-year-old history student at Arundel

University, where, since March, I have been vicepresident of the Canute Local History Society. As a result, I have a good knowledge of Bosham's history and am able to speak confidently on the events and legends which make the town such an attraction, especially for Spanish tourists.

5 Although I have never given tours before, I am used to dealing with the public. Last summer I worked in a stationery shop where I had to serve customers and handle money, and the year before I worked at my local swimming pool as a lifeguard. Obviously both of these experiences would help me enormously if I were successful with this application.

Being a student, I am available to work throughout July and August, including weekends. I would also be able to attend an interview any weekday morning this month.

I look forward to hearing from you. Yours faithfully,

Lucía Puerto

- 6 2 It's
 - 4 couldn't
 - 5 sister's boyfriend's
 - 6 dad's
 - 7 city's
 - 8 who's

Sounds and spelling

- 8 2 home 3 coal 4 although 5 below 6 shoulders 7 potatoes
- 9 1 soap 2 vote 3 lonely 4 soul 5 toe 6 flow 7 both 8 though

Listening | Part 1

1B 2A 3B 4C 5A 6B 7A 8C

Track 07

Presenter: One. You overhear two people talking at the end of the day.

Man: Oh, I'm ready to put my feet up on the sofa now. What a day!

Woman: I've had quite a good day but I'm looking forward to watching TV tonight. I don't have any work to take home for once.

Man: I've got loads to do but it'll wait till Monday.

Woman: I'll walk with you if you're ready. I need to stop at the supermarket though to get something for dinner.

Man: Oh, could you get me some milk? <u>I just need</u> to send a couple of emails. I'll see you outside the supermarket entrance in five minutes.

Presenter: Two. You hear a man talking on the phone about a job he has been offered.

Man: Yeah, they've offered it to me. Well, as soon as I went into the interview I kind of knew I was right for the job, so I was really expecting to be offered it. But now it's actually happened, I've realised that I've got to move to Germany and I don't know anyone there. It's a good job of course so I should take it. In fact, it's the job of my dreams but now I've also been offered one nearby. If I took that one, I wouldn't have to move but it's not so interesting.

Presenter: Three. You hear a woman talking on the radio about her job.

Woman: Well, my job is quite varied and I really enjoy it. I know there are some photography jobs which take you to all kinds of amazing places so some people would find my job a bit boring maybe, taking photos of children all day long. It's mainly children. Their parents bring them to the studio and sometimes I take family groups. But I love it and the day passes so fast because the whole process fascinates me – getting the right shot and every one is different. I'm on my feet nearly all day but I'm used to that so it doesn't bother me.

Presenter Four. You hear a woman talking to a group of students.

Woman: Welcome everybody. Now, I know you're all interested in a career in publishing so we're very pleased to have you here for a week as work experience. You all filled in a form saying what you are particularly interested in. It's been a bit difficult as the majority of you have asked to be placed in the same department so, to give everybody the same chance, you'll spend a day in each department rather than a week in the same one. If you look in your folder, you will find a map and a list of where you are all starting today. Now are there any ...

Presenter: Five. You hear two people talking about their office.

Man: Do you like our new office? It's much more comfortable than the old one, isn't it? Although I'm finding it difficult to concentrate with everyone on the phone.

Woman: Oh, most people have quiet voices and the desks are really far apart. What I don't understand is why they haven't filled that extra space with cupboards and filing cabinets.

Man: I know. I've got piles of stuff under my desk because there's nowhere to put it. And we've been told to keep it tidy.

Woman: Maybe they're going to move more people in. That would be a shame as it's nice having the extra space.

Presenter: Six. You hear a teenager talking to his boss.

Woman: Peter, you should have been here an hour ago. We need you to help the chef in the kitchen. Was your bus cancelled or something?

Teenager: But I'm early – I don't start for another half an hour. I've come to leave my bag and I'm going to give my mum a hand with the shopping. She dropped me off in the car and now she's gone to the supermarket.

Woman: But you're standing in for Sarah who can't work today. She said she'd ring you.

Teenager: She did but she was so busy telling me where she's going today, <u>she didn't say anything about you needing me to do extra.</u>

Woman: Ohhh ...

Presenter: Seven. You hear a message on a telephone answering service.

Man: Hello, Emily. I'm just ringing about tomorrow. I know you don't usually work in the shop on Saturday because of your drama group, but there just isn't anyone else this week because of Michael being ill. I've just got your text saying you can work all day and I'm really grateful as I don't know what we would have done – it's really good of you. I'm going to a wedding so you won't be able to contact me but I know you'll manage. Let me know which day off you'd like instead. As soon as Michael is better, we'll be back to normal.

Presenter: Eight. You hear a girl talking to a friend.

Girl: Hi, Colin. You work in that hotel, don't you? I really need a job.

Boy: I can check to see if there are any vacancies. I'm learning quite a bit about different recipes. I do all the preparation and I'm getting really fast at chopping veg.

Girl: Mmm ... not sure if that would suit me. I'm better at dealing with people.

Boy: Like in the restaurant or the front desk you mean?

Girl: Yeah, but I'm quite clumsy carrying plates and things. I'd really enjoy booking people in and that sort of thing though.

Boy: I'll ask if they need anyone.

Reading and Use of English | Part 7 1 C 2 A 3 B 4 D 5 C 6 A 7 B 8 C 9 D 10 A

7 High adventure

Grammar

1 1 going / to go 2 trying 3 to train / training
4 to rest 5 not to go 6 doing / to do 7 to bring
8 continuing 9 visiting 10 to sail / sailing
11 travelling 12 to tell

2 1 allowed 2 decided 3 expected 4 avoided 5 admitted 6 failed 7 thought 8 succeeded

Vocabulary

- 1 1 take part in 2 took his place 3 take up to 4 take exercise 5 take a risk 6 take turns
- 2 1 after 2 on 3 off 4 up 5 away 6 to
- 3 1 watching 2 doing 3 doing 4 hear 5 watch 6 going

Writing | Part 2

1 recomendations \rightarrow recommendations conviniently \rightarrow conveniently acommodation \rightarrow accommodation confortable \rightarrow comfortable excelent \rightarrow excellent bycycle \rightarrow bicycle wether \rightarrow weather oportunities \rightarrow opportunities wich \rightarrow which belive \rightarrow believe

2 1 R 2 E 3 E 4 R 5 R 6 E 7 R 8 R

- 3 2 too long and demanding
 - 3 Most students on the trip
 - **4** This resulted in an afternoon's rafting being cancelled
 - 5 The accommodation had been double-booked for our last night.
 - **6** This required one student to be selected to share with the teaching staff
 - 7 which was not ideal
 - 8 Most of those interviewed said that
 - 9 they had enjoyed the opportunity to try
 - **10** I would recommend that, for next year, a better managed and better situated centre is found.

Sounds and spelling

- 4 2 brush truth lose
 - 3 flew beetroot customer
 - 4 canoe build juice
 - 5 nurse blue soup
 - 6 cute sun issue
- 5 2 suit 3 rules 4 glue, two 5 shoes 6 grew

Listening | Part 2

1 size 2 explorer 3 challenge 4 darkness
5 problem-solving 6 risks / a risk 7 gas 8 training
9 panic 10 confidence

Track 08

Cave diving, officially the world's most dangerous sport, isn't for everyone. If you're the kind of person who enjoys being underwater in dark, enclosed spaces then it's probably the ultimate adventure sport. People often say cave diving sounds like their worst nightmare but for people like me it's a real passion. It's like the caves have a power over me. What I love about it most is the amazing beauty of these caves, not to mention their incredible <u>size</u>. It's like nowhere else. You're looking at rock formations that are millions of years old and the water is crystal clear.

Another thing I like is that I'm seeing things that no one has ever seen before; I'm like an explorer discovering new places. This is especially true now that I go down on my own. When I was first learning how to dive, I went down with an instructor who showed me where to go so that wasn't the same. But you shouldn't go alone until you've had lots of practice and experience. Even then it can be very dangerous but that's what some divers say they love about it. They enjoy the <u>challenge</u>. I always plan my dives as much as I can as I prefer to be in control. If I feel stressed, I make mistakes. But if you know what you're doing, then you shouldn't have a problem. I think the worst thing that can happen is if your lights go out for some reason; it's really scary being in total darkness. So that's why it's important to take two sets of lights with you. Something you need to be aware of is that you can't immediately escape to the surface if you get into difficulties, which means your survival depends on your problem-solving abilities. You need to recognise what is happening and follow all the correct procedures you've been taught.

Having said all that, cave diving isn't dangerous if you follow a few simple rules. Most of the accidents you read about could have been avoided if these people had followed simple steps to reduce the <u>risks</u> involved. Usually they've done something which wasn't safe and they should have known better. It's also very important to know when to 'call a dive', or go back. Another big danger is getting lost. Imagine entering an underwater room and looking back to

see there is not one, but dozens of passages, and not knowing which way leads back to the entrance. The longer you spend under water, the more gas you need on your back to help you breathe. You need enough to allow you the time to get back to the entrance if something goes wrong. So it's obviously only a sport for experienced divers. Even if you have all the right equipment, that won't help you if you don't know what you're doing so you should never attempt cave diving without adequate training. There are lots of good courses to choose from.

It takes a special sort of person to become a good cave diver. You must be the kind of person who doesn't panic if something goes wrong, and that takes a great deal of self-control. However, you can learn a lot about yourself from diving and I think knowing you can survive in such a demanding environment gives you greater confidence, both at work and socially. It won't help you get a job or make friends but it will make you feel better about yourself. If you're interested in finding out more, there are a couple of great websites I can recommend ...

Reading and Use of English | Part 2

1 of 2 be / get 3 have / need 4 There 5 able 6 Because / Since / As 7 in 8 more / better

Reading and Use of English | Part 1 1B 2A 3C 4B 5D 6B 7D 8C

8 Dream of the stars

Grammar

- 1 2 My whole family watched it yesterday and we all liked it.
 - **3** I've never seen it and I don't want to.
 - 4 I'm going to watch it next week.
 - **5** I can't wait for the next episode because I'm really enjoying it.
 - **6** I've only seen one episode and it was a bit boring but I might watch it again.
- 2 B warn C complain D promise E announce F admit G recommend

- 3 2 the food tasted disgusting.
 - 3 she would give the money back the next day.
 - 4 he was going to live in Brazil.
 - 5 I / we (should) watch the new James Bond film.
 - 6 the city centre could be dangerous at night.
 - 7 she had told a lie.

Vocabulary

1 Across: 1 play 2 public 3 producer
4 contestant 5 scene 7 privacy 10 stage
12 audience 13 location 14 acting 15 series

Down: 1 presenter 2 performance 6 celebrity8 studios 9 spectators 11 tabloid

2 2 C 3 B 4 A 5 D

Listening | Part 3

Track 09

Speaker 1: Have you seen *Black Watch 3* yet? I really enjoyed the other *Black Watch* films and this one is just as funny. It's got the same actors in it as the others and they're really good as usual. The story continues from the last film – you know when they were on that desert island – but even if you hadn't seen that, you'd still be able to follow what was happening. But I was just getting involved in the story when it suddenly finished. It's only half the length of the other two films. It started well but didn't get a chance to develop properly.

Speaker 2: I'd read about *The Purple Rose* and it sounded really good. I hadn't heard of any of the actors but they should get a lot more parts now after their performances in this film. The only problem was that there were five or six different storylines which made it very difficult to follow. It's full of action which meant I couldn't take my eyes off the screen and there are some good comedy scenes but I wasn't sure half the time why something was happening. It could have been shorter too and it wouldn't have lost anything.

Speaker 3: A Beautiful Land is set in New Zealand and is based on a book of the same name. They'd obviously gone to a lot of trouble to make sure they followed the story and the locations in the book. There are lots of beautiful shots. It's about two people who emigrated there a hundred years ago so it's a love story really and the two main actors are really good. But there's not

much else to it and, to be honest, I couldn't wait for it to finish. It could have been at least 30 minutes shorter. It really wouldn't have made much difference.

Speaker 4: Stephen Chadley is my favourite director so I was looking forward to his new film *Out of the Blue*. He always chooses at least one unknown actor as one of the stars and he's never got it wrong before. So, despite being set in a wonderful location in southern Thailand and having a really good script and gripping storyline, I didn't think any of the actors did a very good job, even those who are quite well-known. There were some funny moments though and it's got a very good ending – not what you'd expect at all.

Speaker 5: Jack Bradley and Manuel Gonzalez star in A Long Ride. They are apparently good friends in real life. That came across in the film which is about a trip on a motorbike across South America. They didn't have a script – they just filmed what happened and a lot of interesting things did happen! The acting was of a really high standard but they are both very good comic actors and it was a shame they didn't take advantage of that – it could have been quite funny but was actually rather depressing. Although it was quite long, because they're always moving on to a new location, it didn't seem to matter.

Reading and Use of English | Part 4

1 me to go 2 for not coming / having come 3 Tom of scratching / having scratched 4 my sister to lend me 5 about my room being 6 us (that) there was

Reading and Use of English | Part 6

1E 2C 3G 4A 5B 6F

Writing | Part 2

- 1 Introduction A
- 2 2 incredibly popular
 - 3 a chance
 - 4 for their dream of fame
 - 5 but not everyone's convinced
- 3 1 b 2 a
- 4 1 2a 2 1b

Sounds and spelling

- 5 2 four 3 all 4 bought 5 before 6 walk 7 poor 8 exhausting 9 taught 10 board 11 law 12 war
- 6 1 course / cause 2 fought 3 bored 4 tall 5 talk 6 dormitory 7 score 8 raw 9 brought 10 door 11 sauce 12 claw

9 Secrets of the mind

Grammar

- 1 2 She could / might / may be working too hard.
 - 3 He might not / may not / can't (NB NOT could not) earn very much.
 - 4 That must be very hard
 - 5 That can't be Claire's grandfather.
 - 6 He must have sold his business for a lot of money.
 - 7 They can't have had another argument.
 - 8 We may / might / could have met before.
 - 9 She can't have had a happy childhood.
 - **10** She may / might / could have thought I'd be angry.
- 2 1 must 2 may 3 might 4 must 5 could

Writing | Part 2

- 1 1 A 2 B 3 old-fashioned, critical, shocked, angry, responsible 4 B
- 2 1 confident, shy, stressed, upset, competitive, grateful
 2 All can be used in 1, 2, 4 & 6; 3 really, (an)
 extremely, (you can say *quite a big influence*);
 5 quite, really, extremely
- **4 1** by asking a question and by using interesting language
 - 2 shy, nervous
 - 3 a hurt b desperately wanted c pesteredd was out of the question
- 5 1 really
 - 2 fantasised
 - 3 hurried
 - 4 Suddenly
 - 5 huge
 - 6 most beautiful
 - 7 creature
 - 8 change their minds
 - 9 give up

6 adverbs of manner: early, suddenly, amazingly, thankfully

direct speech: "You just wouldn't ... we've never regretted it!" This involves the reader by making him/her a participant in the story and inviting the reader to identify with Alicia's feelings.

Sounds and spelling

8 2 girls 3 worldwide 4 turning 5 earth 6 journey

9 1 dessert 2 skirt 3 hamburger 4 worm 5 work 6 observe 7 surfboard 8 earn

Vocabulary

1 1 stay 2 pass 3 spend 4 spend 5 staying 6 passed

2 *make*: progress, trouble, peace, an effort, changes, a mistake

cause: confusion, trouble, damage, offence, unhappiness

have: fun, patience, a shock, an impact on

3 1 C 2 E 3 B 4 A 5 D 6 F

4 1 B 2 C 3 F 4 E 5 A 6 D

5 creative, adventurous, nervous

Listening | Part 4

1B 2C 3C 4C 5A 6C 7B



Interviewer: My guest this morning is Professor Martin Jackson from the Weller Institute, who's been doing some research into scientific studies on happiness. Welcome to the programme.

Professor: Thank you.

Interviewer: Is happiness something that can really be measured scientifically?

Professor: Oh, very much so. It's something psychologists have been studying for decades. Worldwide surveys investigating political changes have given us a very clear picture of how satisfied people are with their lives in different countries, for example. And we've discovered that simply by asking people how happy they are, we get a measure of happiness

that is as good as the economists' measure of poverty or growth. What's new is that, in the same way that economic performance is used to measure government success, we expect that within ten years, governments will be judged on how happy they have made us.

Interviewer: That's very interesting. So individual happiness can really have an impact on society?

Professor: Yes. Some studies have shown that happy people live longer than depressed people. The difference can be as much as nine years between the happiest and unhappiest groups, which is very significant if you consider that a good diet has been shown to only increase life expectancy by an average of five or six years. That's probably not what most people expect to hear as we're told so much about the importance of diet.

Interviewer: That is quite surprising. Do the studies show if people are getting happier?

Professor: Interestingly, happiness levels have remained stable in industrialised countries for the last 50 years, despite dramatic increases in the standard of living. So, being richer isn't making us happier, although being poor does make people unhappy. But once you have enough money for a home, food and education for your children, extra money doesn't affect happiness.

Interviewer: So it's true that money can't buy happiness?

Professor: Well, we think that what happens when people buy things they think will make them happy, whether that's a new car or a bar of chocolate, is that the happiness they get from these things doesn't last. And so they need to buy more to get another short burst of pleasure.

Interviewer: I see. So I suppose what really makes people happy are their relationships with others.

Professor: Yes. This is the most important key to happiness. And it's the quality of those relationships that counts. So having one or two close friends is just as beneficial for happiness as having a wide circle of family and friends. It's even been suggested that friendship can protect against illness, and that continues throughout our lives.

Interviewer: Really? What about work? Is that important for happiness?

Professor: Indeed it is. We've always known that people need to feel valued at work in order to be happy, and it goes without saying that people will feel happier if they actually enjoy what they're doing. But what we're

discovering now is that <u>having targets</u>, <u>which develop</u> <u>our skills and abilities</u>, so that we reach our full <u>potential</u>, is essential for our happiness.

Interviewer: I suppose that makes sense. So is there a magic formula for happiness? I mean, is there anything people can do to make themselves happy?

Professor: Well, this is something that psychologists are trying to find out. There are action points which include things like smiling more and being helpful to other people, but there's no hard evidence yet that these things significantly improve happiness. What we do know, however, is that the biggest barrier to happiness is envy. So if we can try not to judge ourselves against other people, we'd certainly be happier.

Interviewer: Well, that sounds like really sound advice.
Thank you very much. And if you've got any questions for Professor Jackson ...

Reading and Use of English | Part 3

1 psychological 2 combinations 3 Comparisons

4 preference 5 typically 6 response 7 surroundings

8 behaviour

Reading and Use of English | Part 2

1 has 2 at / into 3 on 4 which 5 when 6 be 7 or 8 much / often

10 Spend, spend, spend?

Grammar

1 2 wasn't able to / couldn't 3 can 4 haven't been able to 5 was able to / could 6 Will you be able to 7 was able to 8 can usually / is usually able to

2 3 as \rightarrow like 7 like \rightarrow as 8 as \rightarrow like / such as 10 like \rightarrow as

Vocabulary

1 2 arrive 3 get 4 reached 5 arrived 6 reach

- 2 2 competitors 3 bargain 4 sale 5 stock
 6 brands 7 catalogue 8 counter 9 guarantee
 10 refund
- 3 2 out 3 away 4 up 5 down 6 out of 7 up 8 back 9 without 10 off 11 up

Reading and Use of English | Part 6

1B 2G 3D 4A 5E 6F

Listening | Part 1

1B 2A 3C 4B 5C 6B 7A 8C

Track 11

Presenter: One. You hear a woman talking to her son.

Woman: I'm happy for you to go on holiday with your friends and I'm sure you'll have a good time. I know you need some pocket money though and it really isn't going to help you if I give you money every time you need it. You already have your allowance – I don't know where that's all gone. It would be a good idea for you to earn some money by getting a weekend job. You've got time to save up. Then you might be more careful with it when you've got more idea of the value. So it's up to you to make a decision now.

Presenter: Two. You overhear a teenager talking to a shop assistant.

Teenager: I bought this jacket last week and I really like it. I didn't have time to try it on so I took it home with me and tried it on there but it's too small. I'm afraid I'll have to ask you for my money back. There isn't anything else here that I want at the moment or I could have exchanged it. I could try a bigger one but they really look much too big and also they're not in the colour I want. I've got it here in the bag.

Presenter: Three. You overhear two people talking.

Man: I'm working all weekend because it's going to be really busy apparently.

Woman: Me too but I need the money so I don't mind. I hope I get to be in the stock room rather than being on the till. People are in such a rush at the weekend.

Man: Yeah, and some people just come in for a newspaper and they have to stand in a long queue.

Woman: And they can be really rude sometimes even though it's not our fault. It isn't right – they should think about what it's like for us.

Man: Oh, I just ignore them. I can't be bothered to get annoyed.

Presenter: Four. You hear the following on the radio.

Man: ... and if anyone would like more information on any of the topics we've discussed, it's all on our website, www.looknorth.com. Before we move on to our weekly programme, On the Coast, I need to remind you that our wonderful new shopping centre is opening today with lots of new and exciting shops. The main street is now pedestrian only so best to leave the car at home – there are plenty of buses. If I didn't have to be here, I'd certainly get down there myself. And now, we join Mark Priestley who's out and about ...

Presenter: Five. You hear two people talking about their holiday plans.

Man: Shall I get some foreign currency from the bank for our trip?

Woman: We could do it at the airport.

Man: But you get poor exchange rates there. I'll check it out on the Internet. I've bought one of these body belts so I can put my money in it. I know some people think they're a waste of time.

Woman: Oh, I use one of those – I prefer it to having a bag. Let's not change too much money. We can always get more cash when we get there.

Man: But we're not going to be near many towns and we don't want to run out – better to have a bit extra.

Presenter: Six. You overhear a woman talking to a friend.

Woman: I bought a new computer yesterday. A young man showed me what they had in the shop – everything has changed so much since I last bought one. He couldn't do enough for me – checking out what I asked him. But it took forever because he had to keep looking everything up and he didn't go about it in a very logical way. He came up with all the answers in the end but he didn't seem to know much more than me. But I was really pleased with what I got thanks to his efforts. It was just lucky I wasn't in a hurry.

Presenter: Seven. You hear a teenager talking to his friend about buying clothes online.

Girl: Hi, James. Those are nice jeans.

Boy: They just came in the post. I got them from a website which specialises in this style of jeans.

Girl: Oh, I prefer looking round the shops and trying things on.

Boy: I do too, but on the Internet you can compare all the different sites – lots of them have the same thing on them – then you know you're really getting a bargain. Girl: I find there's so much to choose from on the Internet I don't know where to start.

Boy: I know. That's why I usually find what I want in the shops and then get it online.

Presenter: Eight. You hear a message on an answerphone.

Boy: I'd love to come climbing with you but the thing is I haven't got any of the gear and it costs a lot to hire it. My brother has everything I need but he won't lend it to me even if I ask him nicely. I was telling my granny and she said it was a real shame that I can't go, so she's going to talk to my brother. He adores Granny and she can usually persuade him to do something. So, I'm pretty hopeful but if he says no, there aren't any other options. I'll have to come with you when you do something else.

Reading and Use of English | Part 3

1 choice 2 unknown 3 reasonable 4 similarities 5 surprising 6 actually 7 sensible 8 effective

Writing | Part 2

- 1 Yes, he does. Because it's small, light and easy to follow, has helpful maps, and the information is clearly presented.
- 2 1 sections
 - 2 adults and young adults
 - 3 eat
 - 4 concert halls
 - 5 monuments
 - 6 around
 - 7 offices
 - 8 times
 - 9 follow
 - 10 children

The review doesn't mention the Jewish museum, climate or useful websites.

Sounds and spelling

- 4 2 h<u>air</u>dresser 3 th<u>eir</u> 4 b<u>ear</u> 5 everywh<u>ere</u> 6 M<u>a</u>ry
- 5 1 careful 2 airport 3 square 4 there / their / they're 5 chair 6 wear 7 fair / fare 8 where

11 Medical matters

Grammar

1 a 2 which 3 whose 4 which 5 whose 6 which 7 which 8 who 9 which 10 where

b 5 The government, whose job it is to promote healthy eating, is not doing enough to encourage parents to change their shopping and cooking habits.
7 Childhood obesity, which is now a huge problem in Europe, may have a significant impact on life expectancy.

c 1, 2, 4, 6, 8, 9

d Relative pronouns can be omitted from sentences 4 and 9.

2 1D 2F 3A 4C 5B 6E

Vocabulary

- 1 satisfaction willingness helpfulness awareness patience ability experience convenience accuracy security certainty happiness honesty
- 2 able has two negative forms: disabled, unable dis: dissatisfied, disabled, dishonest im: impossible, impatient in: inexperienced, inconvenient, inaccurate, insecure un: unwilling, unhelpful, unaware, unable, uncertain, unhappy

Writing | Part 1

2 1 F 2 C 3 H 4 B 5 G 6 E 7 A

32g 3b 4c 5f 6a 7e

4 2 c, g

3 b, f

4 a, e

Sounds and spelling

7 2 find 3 science 4 high 5 try 6 buy

8 1 child 2 rise 3 tie 4 frightening 5 psychologist6 crime 7 flight 8 knife 9 climb

9 The least common spelling is *uy*.

Reading and Use of English | Part 3

1 treatment 2 strength 3 fitness 4 inexperienced5 active 6 additional 7 balanced 8 healthy

Reading and Use of English | Part 4

1 advised me to give up 2 if you don't stop
3 suggested going / that we go 4 must have eaten
more vegetables 5 explained (that) he / she would
6 was too tired to

Listening | Part 4

1C 2B 3B 4C 5A 6C 7B



Jake: Thank you for seeing me, Doctor Reid. I've got some questions I need to investigate for my project on the effect of sleep on school students.

Dr Reid: OK. Well, fire away!

Jake: Well, the first thing I'm not sure about is whether people in general are sleeping less than in the past. I've read some reports on the Internet which give conflicting information.

Dr Reid: It's good to see you are checking your facts; the Internet can be unreliable. As you know, today the average person gets about seven and a half hours' sleep every night, which is a bit less than the recommended eight hours. However, without the interference of electric light bulbs and alarm clocks, people usually sleep for nine hours and this was the case up to the early part of the 20th century.

Jake: I thought so. And is it natural for people to just sleep at night like most people do now?

Dr Reid: If allowed to, we would sleep for two periods in the night and get up and do things in the middle. We just don't do that now because of our working days. Also, most people have a tendency to feel sleepy after lunch but because of the way our days are structured, most of us just have a cup of coffee and carry on, when we should let ourselves have a nap – just for half an hour at the most. But a constant need to nap is a sign that people aren't getting enough sleep at night, which is a problem that seems to be getting worse.

- **Jake:** I've read that it's a problem that affects teenagers in particular.
- Dr Reid: That's correct. A lot of teenagers are getting far too little sleep and there are concerns that this could have a serious long-term impact on their health, but we don't know for sure yet. Researchers are also looking into how far a lack of sleep affects young people with depression. But one study has clearly demonstrated that high-school students getting low grades also get on average one hour less sleep than students getting As and Bs.
- Jake: Really? Why do you think teenagers aren't getting enough sleep?
- Dr Reid: It's an interesting question. It's a problem that seems to affect all teenagers, not just the ones who eat the wrong things and who don't take any exercise. So my feeling is that parents need to take more responsibility. Too many teenagers watch TV in their rooms or play computer games until very late, or they're allowed to go out on school nights.
- Jake: Some of my friends say they stay up late because they can't get to sleep if they go to bed earlier.
- Dr Reid: Well, there are things you can do to make yourself feel sleepy. Your brain needs to switch off and relax so don't have any drinks that contain caffeine, which includes hot chocolate and a lot of soft drinks. Reading a book you know well or listening to a story, rather than music, should help your brain to relax.
- **Jake:** So you shouldn't do your homework just before going to sleep?
- Dr Reid: Definitely not! Schools should be careful how much homework they set because working late in the evening doesn't help people to get a good night's sleep. It would be better for schools to stay open for longer so that pupils can do their homework before they get home to avoid this problem. Another thing that some schools have tried successfully is to begin the school day half an hour later, which seems like a good idea to me.
- Jake: Well, that's very interesting. Thank you, Doctor Reid. Just one last question. Is it true that our brains are actively thinking while we're asleep?
- Dr Reid: Well, our brains are good at sorting information while we are asleep. It's often the case that we wake up having found the answer to a problem that we'd been worrying about the day before. But it's important to write it down immediately as we can forget it easily.
- **Jake:** Great. That's all the information I need. Thanks very much for your help.

12 Animal kingdom

Grammar

- 1 2 had started, would have driven 3 would have caught, had run 4 would have sat down, had been 5 hadn't felt, wouldn't have chatted 6 hadn't caught, wouldn't have met
- 2 2 hope 3 wish 4 hope 5 hope 6 wish 7 wish 8 hope 9 wish 10 wish
- 3 **2b** I wish the elephants had come closer. → would **4b** If we had made a lot of noise, we would have seen more animals. → hadn't

Vocabulary

1 prevent 2 check 3 avoid 4 supervised 5 control 6 protect

Writing | Part 2

- 1 1 B or C 2 D or E 3 B or C 4 D or E 5 A
- 2 Suggested answers 1 1B or 3B 2 5A 3 2E or 4E 4 2D or 4D 5 1C
- 3 1 At the moment
 - 2 For one thing
 - 3 And for another
 - 4 Of course
 - 5 Even so
 - 6 especially
 - 7 In any case
 - 8 in the end
 - 9 on top of that
 - 10 Last but not least
- 4 1 For one thing, and for another
 - 2 at the moment
 - 3 especially
 - 4 in the end
 - 5 on top of that
 - 6 of course. Even so

Sounds and spelling

- 5 2 because 3 now 4 Paul
- 6 1 house 2 crowd 3 shout 4 south 5 towel 6 mouse 7 clown 8 tower
- 7 Another sound is /əʊ/, e.g. soul, grow.

Reading and Use of English | Part 5

1B 2C 3D 4B 5A 6D

Listening | Part 2

1 a degree 2 contact 3 public speaking
4 routine(s) 5 boat 6 smell (of fish)
7 negative 8 communicate 9 films 10 14/fourteen

D Track 13

Kirsty: Good morning. My name's Kirsty Willis and I'm here to talk to you about what it's like to work in a zoo and about some other careers you may be interested in that also involve working with animals.

OK. The job that most people associate with working with animals is in a zoo. Although there are job openings which don't require many qualifications, for most posts there's a lot of competition so it's unlikely that you'll be considered without a degree. Zoos have changed a lot over the years and focus on a conservation role nowadays which involves care, education and study. But don't expect to have very much contact with the animals because they tend to be left as much as possible to live as they would in the wild. Although you still may help with normal tasks of feeding, keeping records, etc., a lot of the time is spent on education, so you should have excellent public-speaking skills. You'll be talking to visitors to the zoo and showing groups of schoolchildren round, so you need to be able to get your enthusiasm across to them. Because what happens in a zoo is more or less the same each day, the job will appeal to you if you like to have routines in your life. You will have to deal with unexpected problems and challenges on occasions of course, but that's the same in most jobs.

Another related area is working in aquariums with sea mammals and fish. You need similar skills to those required for working in a zoo but you also need to be able to swim well and have experience of using a boat as most of the aquariums have large areas of water. You'll spend a large part of the day preparing and distributing the fishy diets, and dealing with chemicals that are used in the tanks. The job isn't as physically tiring as working in a zoo but by the time you go home, you will almost certainly smell. It will be obvious to everyone that you've been working with fish!

One job that immediately springs to mind when we mention working with animals is working as a vet. Training for this takes a long time, as long or even longer than for a doctor. You can work with all kinds of animals but you have to take into consideration that it can be frustrating because the animals can be very négative towards the vet. Conditioning tells them that every time this guy comes around, they aren't feeling well or it's going to be an uncomfortable, scary experience. To be a good vet, you don't just need knowledge of the science, you should be able to communicate with both animals and humans. That skill is really important – much more than making a quick decision about what is wrong with an animal.

The last job I'm going to talk about is being an animal trainer. There used to be opportunities in circuses but animals are used much less now to perform, but animals trainers are still required in films so it's worth thinking about that. The training required is primarily experience. The pay for these jobs can be pretty low and many people will work for free at first.

It's also very hard work. The day starts early, as early as four or five in the morning and in most cases won't finish till 14 hours later. Don't forget in most jobs you work eight hours a day maximum. This is definitely not a nine to five job!

There are other jobs of course like research or working for the government but I don't think we've got time to go into those here. But if you'd like any more information, there are a number of websites that will ...

13 House space

Grammar

- 1 a
 - 2 She wants to have / get the windows cleaned.
 - 3 She is going to have / get the hedge cut.
 - 4 She would like to have / get the rubbish removed.
 - 5 She thinks she should have / get the gate replaced.
 - b
 - 7 She has had / got the windows cleaned.
 - 8 She has had / got the hedge cut.
 - 9 She has had / got the rubbish removed.
- 10 She has had / got the gate replaced.
- 2 I needn't have bought 3 wouldn't let me have
 4 don't have to 5 can't 6 shouldn't have
 7 were supposed to 8 Don't let the children 9 must
 10 are allowed to
- 3 1 on 2 in/at 3 on 4 on 5 at 6 in 7 in 8 at

Vocabulary

Options which are not correct

2 likeable 3 installed 4 gives an overview of

5 convenient 6 richly 7 poor 8 well-equipped

9 place 10 area

Listening | Part 4

1B 2B 3C 4A 5C 6A 7B



Matt: Hello and welcome to the programme. This morning we're going to discuss 'boomerang kids': adults that stay at home or return after university to live with their parents until they're in their mid-twenties or even their mid-thirties. And here to tell us about the results of a recent survey on this subject is Sadie Andrews.

Sadie: Thanks, Matt. Yes. Well, the results show that the number of 18 to 24 year olds in Europe still living at home has reached 67%, although that figure is much lower for countries in northern Europe – Sweden has overtaken the UK and France as the country with the fewest 'boomerang kids' with only 46% of this agegroup still living at home. As you might expect, that figure rises to over 90% for countries in southern Europe such as Spain and Italy, where young people have traditionally lived with their parents for longer. And despite relatively low rents, there's little change here because family relationships remain very strong.

Matt: That's very interesting. And what about outside Europe?

Sadie: Yes. The survey also covered the United States where the trend is also for people to live at home longer, though here the reason given wasn't to do with people having to pay back huge student loans, as this is nothing new. 'Boomerang kids' here said there was no reason for them to leave home because they got on so well with their parents. Many people reported continuing to live at home even after they got married. So there's obviously less of a generation gap than there used to be.

Matt: I can see there are advantages. Having your mum to do your washing and ironing, for example.

Sadie: People interviewed for the survey didn't admit to that – even if it were true – though I know my mum wouldn't be prepared to do my washing and ironing. In fact, the impression I get is that boomerang kids are pretty responsible people. What they seem to appreciate most is that they're not spending vast sums of money on rent and other bills so they can put money aside for when they do leave. But of course, there are disadvantages. Interviewees report that having to tell their parents what time they'll be home or not being able to spend time at home with friends without first asking permission is a frustrating experience and they complain that a lot of parents still think of 'boomerang kids' as just kids.

Matt: Yes. That must be difficult. What about the parents? What do they think?

Sadie: On the whole, most don't seem to mind and are willing to help their adult children out wherever possible. However, in some cases parents find that just when they've reached the point in their lives when they have the time and the money to do whatever they want, they are held back because of their adult children's needs. On the other hand, there is evidence to show that having boomerang kids back at home does keep them young – they're more likely to be in touch with the latest ideas in fashion and watch different TV programmes. And some parents say they feel less tired because there's more going on at home – maybe their children's friends coming in and more people to talk to.

Matt: Right. So, before we hear from the listeners, what advice would you give for families in this situation?

Sadie: Well, obviously things are going to run more smoothly if everyone involved does their fair share, so it's a good idea to work out a fair contribution for bills and jobs such as shopping and washing-up. However, feedback from the results of the survey suggests that deciding in advance how often they are going to eat together, if at all, and at what time, will avoid resentment building up on both sides. This causes more arguments than any other issue.

Matt: Thanks, Sadie. Right, if you've got any comments to make, please call ...

Writing | Part 2

11F 2E 3B 4A 5C 6D

- 2 2 people
 - 3 kitchen
 - 4 a kitchen doesn't have a good oven
 - 5 bake cakes or roast chickens
 - 6 a fridge
 - 7 hate washing up
 - 8 windows

- 3 2 some 3 don't, one 4 did 5 any 6 so
- 4 2 some 3 some 4 any 5 ones 6 did 7 one 8 did 9 so 10 don't

Sounds and spelling

- 7 3 issue 4 watch 5 tradition 6 especially 7 picture 8 machine 9 sure
- 8 1 beach 2 rubbish 3 station 4 chef 5 sugar
 6 temperature 7 sociable 8 match 9 pressure
 10 adventure

Reading and Use of English | Part 1 1A 2D 3C 4A 5B 6D 7C 8B

14 Fiesta!

Grammar

- 1 2 is organised 3 is given 4 has been raised
 5 were awarded 6 was chosen 7 is hoped
 8 will be offered / are offered 9 was formed
 10 be seen 11 are already being made / have already been made 12 to be added
- 2 It is thought that a new airport runway will probably be built next year.
 3 It is reported that the new team has been selected.
 4 Federer is considered to be the best tennis player ever.
 5 This summer is reported to be the hottest for 50 years.
 6 It is believed that the bones found on the beach belonged to a dinosaur.

Writing | Part 2

- 1 2 them 3 These 4 this/that 5 this/that 6 it 7 This/That 8 that
- 2 Paragraph 1: Introduction Paragraph 2: The arrangements Paragraph 3: Suggestions *Audience* and *Students* are too specific, and the last paragraph mentions some things that went wrong but isn't about disadvantages.

 Suggested main heading: College Music Festival

3 Sample answer

College Drama Festival

Introduction

A group of students organised a drama festival last weekend. There were lots of exciting events including performances of plays, some comedy and students reading poetry, some of which they had written themselves.

In total, about 100 students took part, many of them helping backstage with scenery, costumes and lighting.

The arrangements

Events took place in the drama studio as well as in some classrooms. It was well advertised and most students from the college attended as well as their families and some local schoolchildren. Some students volunteered to do workshops with the children. These were very popular and went on all day.

Suggestions

There are some changes we would make for future events. There were too many performances going on at the same time and this meant that some people had to miss things which they really wanted to go to. Some of the poetry performances were less popular than the comedy so we would have more comedy next time. We also need to have snacks on sale for the children. Apart from that, everybody had a fantastic day.

4 1 e 2 a 3 b 4 d 5 f 6 c 7 g 8 i 9 h

- **5 2** I'm sure you'll enjoy **this concert a lot**.
 - 3 A film of the festival was released last year.
 - **4** People **say** it is better than other summer music events.
 - **5** Local residents are **generally** in favour of the festival.
 - **6** However, I'd rather be **on** the beach in summer!
 - **7** One of the problems **with** festivals is the enormous crowds.
 - **8** Excuse me, sir, is this the guy man who stole your mobile?
 - **9** I suggested **to** my friend that he went to the concert. / I suggested **that** my friend that he went to the concert.

- 6 2 on
 - 3 there last summer
 - 4 are
 - 5 chose
 - 6 accommodation
 - 7 best
 - 8 fly
 - 9 good / interesting
 - 10 recommend all music fans to go / that all music fans go
 - 11 next year's festival takes place

Sounds and spelling

7 1 b 2 a 3 a 4 c 5 a

8 1 fridge 2 student 3 judge 4 yoga 5 jazz 6 music 7 few 8 jealous 9 gym

Vocabulary

- 1 electrician politician photographer musician
- 2 accountant pharmacist psychologist economist
- 3 fisherman/woman entertainer banker supporter
- 4 lecturer producer manufacturer investigator
- 5 historian librarian <u>sportsman/woman/person</u> comedian
- **6** contestant inhabitant assistant <u>employee</u> employer

Listening | Part 3

1C 2H 3E 4D 5A



Speaker 1: We're going out later to celebrate my good news. For ages now I'd been looking for another job nearer to where I live because it costs me quite a lot to get to work on the train. My flat is on the outskirts of the city and I work in the centre. I had an interview last week at a firm where a couple of my friends work but I wasn't that impressed, then today my boss said he was going to give me a pay rise. So I'll stay there now even though I have quite a long journey every day.

- Speaker 2: I called on Anita. She looks really well and is obviously delighted. They haven't decided on a name yet but 'Sam' is the favourite at the moment. That's what her husband's best friend is called, apparently. Anyway, he's beautiful and looks just like her. She wants us all to go round on Sunday to meet him properly and we can celebrate then. And they only moved to that flat recently so she's been very busy, what with the move and finishing her course to qualify as a lawyer. She hasn't got the results yet but I'm sure she did OK.
- Speaker 3: I just bumped into my cousin Olivia. She's finished her nursing course. She's going to work in a hospital in London as a midwife delivering babies. She had an interview last week and she only found out she got it today. She's so pleased as it's what she really wants to do and she'll be on a reasonable salary so she'd like us to help her celebrate by going out for a meal tonight. She'll have to move to London of course, and it's really expensive to find a flat there but we'll be able to go and see her.
- Speaker 4: I've known George nearly all my life because his family moved into the flat next door to us when we were both babies. We went to the same school and revised for our exams together but it was only last week that we decided to get married. He gave me this beautiful ring and we're having a party next weekend. The wedding will be in the summer and we're looking for a flat near the railway station because I need to catch the train to work and I don't want to have to change my job.
- Speaker 5: I decided to do another course rather than go for that job I applied for. It'll mean I can start off at a higher level if I have better qualifications. Anyway, I needed certain grades and I got what I wanted! I got the results today so a few of us are going to have a party tonight to celebrate. Most people did well. Mark and I are thinking of getting engaged but we won't get married till after I've finished and found a job, because we won't know where we want to live.

Reading and Use of English | Part 7
1 A 2 B 3 D 4 E 5 C 6 A 7 C 8 B 9 E 10 D